### Department for Medicaid Services

907 KAR 1:044

Material Incorporated by Reference

Community Mental Health Center Behavioral Health Services Manual (April 2015)

### **VERSION THAT DISPLAYS AMENDMENTS**

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH** SERVICES MANUAL

### **TABLE OF CONTENTS**

| SUBJECT   | PAGE NUMBER  |
|---|--|
| I. INTRODUCTION   | 1.1  |
| II. KENTUCKY MEDICAID PROGRAM A. General Information B. [Administrative Structure C-] Advisory Council C.[D-] Policy D.[E-] Public Law 92-603       | 2.1 – 2.6<br>2.1<br>2.1<br>2.1–2.2<br>2.2–2.3<br>2.4–2.6 |
| III. CONDITIONS OF PARTICIPATION A. Provider B. [Services   | 3.1 - 3.14<br>3.1<br>3.1                                 |
| <del>[C.</del> ]Minimum Staff <u>C.<del>[D.]</del></u> Additional Staff <u>D<del>[E.]</del> Affiliation Agreements</u>                              | 3.1–3.3<br>3.3–3.5<br>3.5–3.7                            |
| E. Health[F. Medical] Records  1. Identification  2. Screening, Evaluation, and Disposition   | 3.7–3.13<br>3.7<br>3.8                                   |
| <ul><li>3. Staffing and [Treatment] Plan of Care</li><li>4. History and Examination</li><li>5. Staff Notes</li><li>6. Modication</li></ul>          | 3.8<br>3.9<br>3.9–3.10                                   |
| 6. Medication 7. Diagnosis or Clinical Impression 8. Termination Summary  | 3.14<br>3.14-3.15<br>3.15                                |
| 9.[7-] Health Record Completion 10.Retention of Records 11. Confidentiality of Records  | 3.15<br>3.15-3.16<br>3.16                                |
| F.[A.] Application for Participation G.[B.] Out-of-State Facility H[C.] Termination of Participation I. Definition of "Face-to-Face"                | 3.16<br>3.16-3.17<br>3.17-3.18<br>3.19                   |
| IV. COVERED SERVICES  A. Rehabilitative mental health and substance use services  | 4.1– 4.17  |
| <ol> <li>General Information</li> <li>Individual Outpatient Therapy</li> <li>Group Outpatient Therapy</li> <li>Family Outpatient Therapy</li> </ol> | 4.1<br>4.1–4.2<br>4.2<br>4.2                             |

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH** SERVICES MANUAL

### **TABLE OF CONTENTS**

| 5. Collateral Outpatient Therapy[Services]                                     | 4.2-4.3  |
|--|--|
| 6. Crisis Intervention Services  | 4.3  |
| 7. Mobile Crisis Services  | 4.3–4.4  |
| 8. Therapeutic Rehabilitation Services   | 4.4  |
| 9. Psychological Testing   | 4.4–4.5  |
| 10. Screening  | 4.5  |
| 11. Assessment   | 4.5  |
| 12. Partial Hospitalization  | 4.5–4.6  |
| 13. Service Planning   | 4.6  |
| 14. Screening, Brief Intervention, and Referral to Treatment                   | 4.6-4.7  |
| <ol> <li>15. [Medication Assisted Treatment for a Substance Use Dis</li> </ol> |  |
| Service  | <del>4.7</del>                                       |
| <del>16.</del> ] Assertive Community Treatment                                 | 4.7–4.8  |
| 16.[17.] Intensive Outpatient Program Services                                 | 4.8–4.9  |
| 17.[18.] Residential Services for Substance Use Disorders                      | 4.9–4.11   |
| 18.[19.] Residential Crisis Stabilization Services                             | 4.11–4.12  |
| <u>19.<del>[20.</del>]</u> Day Treatment                                       | 4.12–4.13  |
| 20.[21.] Peer Support Services   | 4.13–4.14  |
| 21.[22.] Comprehensive Comm. Support Services                                  | 4.14–4.15  |
| 22. Pregnant Women Substance Use Prevention Services a                         | <u>nd</u>  |
| Case Management Services   | 4.20 <b>–</b> 4.26[4 <del>.17</del>                  |
| 23. Pregnant Women Substance Use Case Management                               | <u>Services</u>                                      |
| 4.1 <u>9</u> ]   |  |
| ID Dhyniael Heelth   |  |
| [B. Physical Health  | 4.45   |
| 1. Physical Examinations   | 4.15   |
| 2. Medication Prescribing and Monitoring                                       | <del>4.15</del> ]                                    |
| V.[C-] Limitations and Non-Covered Services 5.1–5.                             | . <b>2[4.<del>22-4.23</del>]</b> [4. <del>15</del> - |
| 4.16   | . <u></u>  |
| ٦. TOJ   |  |
| [D. Non-Covered Services   | <b>4.23]</b> [4.16 <b>–</b> 4.17]                    |
| Estation develor del vices   | <u>41201</u> [1.10 1.17]                             |
| VI.[V.] Miscellaneous [Special] Claims[REIMBURSEMENT                           | ]  |
| 6.1[ <del>5.1-5.3</del> ][ <del>5.1 - 5.4</del> ]                              | J  |
|  | <del>5.1</del>                                       |
| A.[-In-State Providers  B. Out-of-State Providers                              | <del>5.1</del>                                       |
| C. Duplicate of Inappropriate Payments   | *  |
| D. Identification of Third Party Resources                                     | <del>5.2 - 5.3</del>                                 |
| E. Other Third Party Coverage  |  |
| F. Medicare, Title XVIII, Coverage   | <del>5.4</del>                                       |
| ,  |  |

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH** SERVICES MANUAL

### **TABLE OF CONTENTS**

| 5.4              |
|------------------|
| 5.4              |
| <del>5.5</del> ] |
| <del>3.3</del> ] |
|                  |

#### I. INTRODUCTION

The Kentucky Medicaid Program Community Mental Health Center (CMHC) <u>Behavioral Health Services</u> Manual is formulated to provide you[, the provider,] with a useful tool for interpreting the procedures and policies of the Kentucky Medicaid program. The manual is designed to facilitate the processing of your claims for services provided to qualified recipients of Medicaid.

[This manual is intended to provide basic information concerning coverage, billing, and policy. It will assist you in understanding what procedures are reimbursable, and enable you to have your claims processed with a minimum of time involved in processing rejections and making inquiries. It is arranged in a loose-leaf format, with a decimal page numbering system which will allow policy and procedural changes to be transmitted to you in a form which may be immediately incorporated into the manual (i.e., page 7.6 might be replaced by new pages 7.6 and 7.7).]

Precise adherence to policy is imperative. In order that your claims may be processed quickly and efficiently, it is extremely important that you follow the policies as described in this manual. Any questions concerning general agency policy should be directed to the Cabinet for Health and Family Services, Department for Medicaid Services, Office of the Commissioner, 275 East Main Street, Mailstop 6W-A, Frankfort, Kentucky 40621, or phone (502) 564-4321. Questions concerning the application or interpretation of agency policy with regard to individual services should be directed to the Cabinet for Health and Family Services, Department for Medicaid Services, Division of Community Alternatives, 275 East Main Street, Mailstop 6W-B, Frankfort, Kentucky 40621, or phone (502) 564-5560. Please refer to the billing instructions for questions concerning billing procedures or the specific status of claims.

Federal Approval and Federal Financial Participation. (1) The department's coverage of services pursuant to 907 KAR 1:044 (including this manual – the Community Mental Health Center Behavioral Health Services Manual) shall be contingent upon:

- (a) Receipt of federal financial participation for the coverage; and (b) Centers for Medicare and Medicaid Services' approval for the coverage.
- (2) The coverage of services provided by a licensed clinical alcohol and drug counselor or licensed clinical alcohol and drug counselor associate shall be contingent and effective upon approval by the Centers for Medicare and Medicaid Services.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION II - KENTUCKY MEDICAID PROGRAM

#### II. KENTUCKY MEDICAID PROGRAM

### A. General Information

The Kentucky Medicaid Program is administered by the Cabinet for Health and Family Services (CHFS), Department for Medicaid Services (DMS). The Medicaid Program, identified as Title XIX of the Social Security Act, was enacted in 1965, and operates according to a State Plan approved by the U.S. Department of Health and Human Services. Title XIX is a joint federal and State assistance program [which provides payment for certain medical services rendered to Kentucky recipients who lack sufficient income or other resources to meet the cost of such care. The basic objective of the Kentucky Medicaid Program is to aid the medically indigent of Kentucky in obtaining quality medical care].

As a provider of medical services, you must be aware that DMS is bound by both federal and State statutes and regulations governing the administration of the State Plan. DMS shall not reimburse you for any services not covered by the State Plan. The State cannot be reimbursed by the federal government for monies improperly paid to providers of non-covered unallowable medical services.

The Kentucky Medicaid Program serves eligible recipients of all ages. The coverage, either by Medicare or Medicaid, will be specified in the body of this manual.

### **B.**[Administrative Structure

DMS within CHFS, bears the responsibility for developing, maintaining, and administering the policies and procedures, scopes of benefits, and basis for reimbursement for the medical care aspects of the Program. DMS makes the actual payments to the providers of medical services, who have submitted claims to the fiscal agent for services within the scope of covered benefits which have been rendered to eligible recipients.

### C.] Advisory Council

The Kentucky Medicaid Program is guided in policy making decisions by the Advisory Council for Medical Assistance. In accordance with the conditions set forth in KRS 205.540, the council is composed of eighteen (18) <a href="mailto:members[recipients">members[recipients]</a>, including the Secretary of the Cabinet for Health and Family Services, who serves as an ex officio <a href="mailto:member[recipient]">members[recipient]</a>. The remaining seventeen (17) <a href="mailto:members[recipients]">members[recipients]</a>] are appointed by the Governor to four-year terms. Ten (10) members[recipients]represent the

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION II – KENTUCKY MEDICAID PROGRAM

various professional groups providing services to Program recipients, and are appointed from a list of three (3) nominees submitted by the applicable professional associations. The other seven (7) <a href="mailto:members[recipients]">members[recipients]</a> are lay citizens.

In accordance with the statutes, the Advisory Council meets at least every three (3) months and as often as deemed necessary to accomplish their objectives.

In addition to the Advisory Council, the statutes make provision for a five (5) or six (6) <a href="mailto:members">members</a>[recipients] technical advisory committee for certain provider groups and recipients. Recipient membership on the technical advisory committees is decided by the professional organization the technical advisory committee represents. The technical advisory committees provide for a broad professional representation to the Advisory Council.

As necessary, the Advisory Council appoints subcommittees or ad hoc committees responsible for studying specific issues and reporting their findings and recommendations to the Council.

### C.[D.]Policy

The basic objective of the Kentucky Medicaid Program is to assure the availability and accessibility of quality medical care to eligible Program recipients.

The 1967 amendments to the Social Security Law stipulate that Title XIX Programs have secondary liability for medical costs of Program recipients. That is, if the patient has an insurance policy, veteran's coverage, or other third party coverage of medical expenses, that party is primarily liable for the patient's medical expenses. The Medicaid Program has secondary liability. Accordingly, the provider of service shall seek reimbursement for the third party groups for medical services rendered. If you, as the provider, should receive payment from Medicaid for a service provided to a recipient before learning that the recipient had third party liability(other insurance for example) [knowing of the third party's liability], you shall refund the Medicaid program the amount of liability owed by the third party[a refund of that payment amount shall be made to Medicaid as the amount payable by the Department shall be reduced by the amount of the third party obligation].

In addition to statutory and regulatory provisions, several specific policies have been established through the assistance of professional advisory committees. Principally, some of these policies are as follows:

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION II – KENTUCKY MEDICAID PROGRAM

All participating providers shall agree to provide services in compliance with federal and state statutes regardless of sex, race, creed, religion, national origin, handicap or age.

Providers shall comply with the Americans with Disabilities Act and any amendments, rules and regulations of this act.

Each medical professional is given the choice of whether or not to participate in the Kentucky Medicaid Program. From those professionals who have chosen to participate, the recipient may choose the one from whom he <u>or she</u> wishes to receive his or her medical care.

When the Department or a managed care organization makes payment for a covered service and the provider accepts the payment made by the Department in accordance with the Department's fee structure or managed care organization in accordance with the managed care organization's fee structure, the amount[amounts] paid shall be considered payment in full; and no bill for the same service shall be tendered to the recipient, or payment for the same service accepted from the recipient. The provider may bill the recipient for services **not** covered by Kentucky Medicaid; **however**, the provider shall make the recipient aware of the non-covered services and the recipient's liability **prior** to rendering a non-covered service[them].

Providers of medical service attest by their signatures (not facsimiles) that the presented claims are valid and in good faith. Fraudulent claims are punishable by fine and /or imprisonment.

All claims and substantiating records are auditable by both the Government of the United States and the Commonwealth of Kentucky. All claims and payments are subject to rules and regulations issued from time to time by appropriate levels of federal and state legislative, judiciary and administrative branches.

All recipients of this Program are entitled to the same level of confidentiality accorded patients NOT eligible for Medicaid benefits.

All services are reviewed for recipients and provider abuse. Willful abuse by the provider may result in his suspension from Program participation. Abuse by the recipient may result in surveillance of the payable services he receives.

[When a recipient makes payment for a covered service, and that payment is accepted by the provider as either partial payment or payment in full for that

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION II - KENTUCKY MEDICAID PROGRAM

service, no responsibility for reimbursement shall attach to Medicaid and no bill for the same service shall be paid by Medicaid.]

D.[E.] Public Law 92-603

Section 1909 (a) Whoever

- (1) knowingly and willfully makes or causes to be made any false statement or representation of a material fact in any application for any benefit or payment under State Plan approved under this title,
- (2) at any time knowingly and willfully makes or causes to be made any false statement or representation of a material fact for use in determining rights to such benefit or payment.
- (3) Having knowledge of the occurrence of any event affecting (A) his initial or continued right to any such benefit or payment, or (B) the initial or continued right to any such benefit or
- (4) payment of any other individual in whose behalf he has applied for or is receiving such benefit or payment, conceals or fails to disclose such event with an intent fraudulently to secure such benefit or payment either in a greater amount or quantity that is due or when no such benefit or payment is authorized, or
- Having made application to receive any such benefit or payment for the use and benefit of another and having received it, knowingly and willfully converts such benefit or payment or any part thereof to a use other than for the use and benefit of such other person, shall (a) in the case of such a statement, representation, concealment, failure, or conversion by any person in connection with the furnishing (by that person) of items or services for which payment is or may be made under this title, be guilty of a felony and upon conviction thereof fined not more that \$25,000 or imprisoned for not more than five (5) years or both, or (b) in the case of such a statement, representation, concealment, failure, or conversion by any other person, be guilty of a misdemeanor and upon conviction thereof fined not more than \$10,000 or imprisoned for not more than one (1) year, or both. In addition, in any case where an individual who is otherwise eligible for assistance under a State Plan approved under this title is convicted of any offense under the preceding provisions of this subsection, the State may at its option (notwithstanding any other provision of this title or of such plan) limit, restrict, or suspend the eligibility of that individual for such period (not exceeding one (1) year) as it deems appropriate; but the imposition of a limitation, restriction, or suspension with respect to the eligibility of an individual under this sentence shall not affect the eligibility of any other person for assistance under the plan, regardless of the relationship between that individual and such other person.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION II - KENTUCKY MEDICAID PROGRAM

- (b) (1) whoever knowingly and willfully solicits or receives any remuneration (including any kickback, bribe, or rebate) directly or indirectly, overtly or covertly, in case or in kind-,
- (A) in return for referring an individual to a person for the furnishing or arranging for the furnishing of any item or service for which payment may be made in whole or in part under this title, or
- (B) in return for purchasing, leasing, ordering, or arranging for or recommending purchasing, leasing, or ordering any good, facility, service, or item for which payment may be made in whole or in part under this title, shall be guilty of a felony and upon conviction thereof, shall be fined not more than \$25,000 or imprisoned for not more than five (5) years, or both.
- (2) Whoever knowingly and willfully offers or pays any enumeration (including any kickback, bribe, or rebate) directly or indirectly, overtly or covertly, in cash or in-kind to any person to induce such person
- (A) to refer an individual to a person for the furnishing or arranging for the furnishing of any item or service for which payment may be made in whole or in part under this title, or
- (B) to purchase, lease, order, or arrange for or recommend purchasing, leasing, or ordering any good, facility, service, or item for which payment may be made in whole or in part under this title, shall be guilty of a felony and upon conviction thereof shall be fined not more than \$25,000 or imprisoned for not more than five (5) years, or both.
- (3) Paragraphs (1) and (2) shall not apply to
- (A) a discount or other reduction in price obtained by a provider of services or other entity under this title if the reduction in price is properly disclosed and appropriately reflected in the costs claimed or charges made by the provider or entity under this title; and
- (B) any amount paid by an employer to an employee (who has a bona fide employment relationship with such employer) for employment in the provision of covered items or services.
- (c) Whoever knowingly and willfully makes or causes to be made, or induces or seeks to induce the making of, any false statement or representation of a material fact with respect to the conditions or operation of any institution or facility in order that such institution or facility may qualify (either upon initial certification or upon recertification) as a hospital, nursing facility, or home health agency (as those terms are employed in this title) shall be guilty of a felony and upon conviction thereof shall be fined not more that \$25,000 or imprisoned for not more than five (5) years, or both,
- (d) Whoever knowingly and willfully—

# COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

### SECTION II – KENTUCKY MEDICAID PROGRAM

- (1) charges, for any service provided to a patient under a State Plan approved under this title, money or other consideration at a rate in excess of the rates established by the State, or
- (2) charges, solicits, accepts, or receives, in addition to any amount otherwise required to be paid under a State plan approved under this title, any gift, money, donation, or other consideration (other than a charitable, religious, or philanthropic contribution from an organization or from a person unrelated to the patient)
- (A) as a precondition of admitting a patient to a hospital, nursing facility, or
- (B) as a requirement for the patient's continued stay in such a facility, when the cost of the services provided therein to the patient is paid for (in whole or in part) under the State Plan, shall be guilty of a felony and upon conviction thereof shall be fined not more than \$25,000 or imprisoned for not more than five (5) years, or both.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

#### III. CONDITIONS OF PARTICIPATION

#### A. Provider

As defined in 902 KAR 20:091 "A Community Mental Health Center (CMHC) shall provide a comprehensive range of accessible and coordinated mental health services, including direct or indirect mental health services to the population of a designated regional service area as required by KRS 210.370 to 210.480." Additionally, KRS 210.410 authorizes CMHCs to provide primary care services.

In order to be eligible to participate in the Medicaid Program, a Kentucky CMHC shall be licensed [by the Kentucky Certificate of Need and Licensure Board] in accordance with the requirements set forth at 902 KAR 20:091.

Out-of-state providers shall be appropriately licensed to provide community mental health services by the state in which they are located, participate with their state's Title XIX Medicaid Program, and shall meet the Medicaid Program conditions of participation.

### B. [Medicaid Reimbursable Services

Of the services required for CMHC licensure or authorized by KRS 210.410, the following are reimbursable by Medicaid:

- 1. Rehabilitative Mental Health and Substance Use Services
- 2. Primary Care Services [Physical Examinations]
- [C. Minimum] Staff

[Minimum staff requirements for licensure and for Medicaid CMHC participation are:]

- (1) A CMHC shall meet the staffing requirements established in 902 KAR 20:091.[Center Director: The licensee shall designate an executive director, qualified by training and experience, which shall be responsible for the total program of the center and its affiliates in accordance with the center's written policies and for evaluation of the program as it relates to the clients' needs.]
- (2) A CMHC shall have a psychiatrist who:
- (a) Shall be a board certified or board eligible psychiatrist;
- **(b)** [who-]May be the clinical director;

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- **(c)** Shall [and] directly supervise and coordinate [supervises and coordinates] all planning functions in the continual development and improvement of the several service elements; and
- (d) <u>Provide [provides]</u> psychiatric service as indicated in all patient diagnosis and treatment.
- (3) The following practitioners or staff shall be authorized to provide services or perform duties in a CMHC as follows:
- (a) A licensed psychologist defined as an individual who:
- 1. Currently possesses a licensed psychologist license in accordance with KRS 319.010(6); and
- 2. Meets the licensed psychologist requirements established in 201 KAR Chapter 26[a psychologist licensed in accordance with the requirements set forth in KRS 319. This staff recipient may be utilized to lead diagnostic conferences upon assignment by the center director. The licensed psychologist may provide supervision of certified psychologist(s) with autonomous functioning].
- (b)1. A[(4)] psychiatric nurse who shall be[:] a [psychiatric registered nurse is defined by Medicaid as a registered nurse, licensed in the State of Kentucky with one of the following combinations of education and experience:
- a. Master of Science in Nursing with a specialty in psychiatric or mental health nursing. No experience required.
- b. Bachelor of Science in Nursing and one year of experience in a mental health setting.
- c. A graduate of a three-year educational program with two years of experience in a mental health setting.
- d. A graduate of a two-year educational program (Associate degree) with three years of experience in a mental health setting.
- [e. Effective July 1, 1989, any level of education with American Nursing Association (ANA) certification as a psychiatric and mental health nurse.
- f. Any registered nurse employed by a participating mental health center in Kentucky on June 30, 1981 shall be considered a psychiatric nurse if their employment with the center continues, for the purpose of providing Medicaid Program reimbursable services.]
- **2. A** [The] psychiatric nurse shall plan and supervise nursing services for psychiatric recipient[client] care, and coordinate and supervise services rendered by nursing personnel with those rendered by other team

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

administration, other departments, and medical staff in formulating policies for psychiatric patient care.

- (c)1. A[(5)] medical records librarian: a medical records librarian; or person capable of performing [person to perform] the duties of a medical records librarian; shall be responsible for ongoing positive controls, for continuity of recipient[client] care and the recipient[client] traffic flow; assure that records are maintained, completed and preserved, and that required indexes and registers are maintained and statistical reports prepared; shall be responsible for seeing that information on recipients[clients] is immediately retrievable, for the establishment of a central records index, and for all elements of service to provide a constant check on continuity of care.
- <u>2.</u> In the event that the designated individual is not a qualified medical records librarian, consultation and technical guidance shall be readily available from a person skilled in health record systems.
- (d) A[{6}] program director who shall meet the program director requirements established in 902 KAR 20:091[: The program director shall be a qualified mental health professional who shall be a psychiatrist, psychologist, psychiatric nurse, licensed professional clinical counselor, licensed marriage and family therapist, or a licensed clinical social worker. The program director may also be the executive director].

### [D. Additional Staff

Additional staff][, as defined in Section IV of this manual,] [whose services may be reimbursable by Medicaid, are:]

- (e)1. A[(1)] professional equivalent who shall be[: A professional equivalent is defined as] an individual who through education in a behavioral health field and experience in a behavioral health setting, is qualified to provide behavioral health services under the billing supervision of one of the following professionals;
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Licensed Professional Art Therapist
- (k) Licensed Behavior Analyst
- (I) Certified Psychologist with Autonomous Functioning.
- 2. Professional equivalents may include practitioners obtaining experience to qualify for licensure in their behavioral health profession or individuals with a bachelor's degree or greater, with experience in behavioral health education and experience are as follows:
- a. Bachelor's degree, three (3) years full-time equivalent supervised experience;
- b. Master's degree, six (6) months full-time equivalent supervised experience;
- c. Doctorate degree, no experience.
- 3. A [The] CMHC may recommend an employee for professional equivalency [,] but final determination of professional equivalency status **shall be**[is] determined by Medicaid.
- **4.** Please see Appendix I for the application process for professional equivalency.
- (e)1. A[(2)] mental health associate who shall be[: The mental health associate (MHA) is] an individual with a minimum of a bachelor's degree in psychology, sociology, social work, or human services as determined by the Medicaid Program as a mental health field under the billing supervision of one (1) of the following professionals:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist with Autonomous Functioning
- (k)[ Licensed Psychological Associate

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse
- (r) Licensed Professional Art Therapist
- [(s) Licensed Professional Art Therapist Associate]
- **2. A[The]** mental health associate <u>shall[may]</u> not provide services to an individual with an intellectual disability.
- (f) A[(3)] Physician who shall be[: A physician,] licensed by the Kentucky Medical Board[, may be employed by the CMHC to render physical health services as stated in the covered services section of this manual (Section IV)].
- (g) A[(4)] Licensed Marriage and Family Therapist as defined by[: The licensed marriage and family therapist may be employed by the CMHC to provide covered services in accordance with]-KRS 335.300(2).
- (h) A[(5)] Licensed Professional Clinical Counselor as defined by[: The licensed professional clinical counselor may be employed by the CMHC to provide covered services in accordance with] KRS 335.500(3).
- (i) A[(6)] Licensed Professional Counselor Associate <u>as defined by KRS 335.500(4) and who may</u>[: The licensed professional counselor associate may be employed by the CMHC to] provide covered services under the periodic direct billing supervision of any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4. Licensed Psychologist
- 5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst
- 11. Certified Psychologist with Autonomous Functioning[the licensed professional clinical counselor in accordance with KRS 335.500(4)].

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (j) An[(7)] advanced practice registered nurse as defined by KRS 314.011(7) and who may[: The Advanced Practice Registered Nurse may be employed by the CMHC to] provide covered services in accordance with KRS 314.042.
- (k) A[(8)] psychiatric resident physician who may[: The psychiatric resident physician may be employed by the CMHC to] provide covered services in accordance with KRS 311.571 if [and provided] the resident is a medical resident as defined in 907 KAR 3:005, Section 1.
- (I) A[(9)] Licensed Clinical Social Worker defined as an individual who meets the licensed clinical social worker requirements established in [: The licensed clinical social worker may be employed by the CMHC to provide covered services in accordance with] KRS 335.100[(1)].
- (m) A[(10)] Licensed psychological practitioner defined as[. Licensed psychological practitioner means] an individual who meets the requirements established in KRS 319.053 [or a certified psychologist with autonomous functioning].
- (n) A certified psychologist with autonomous functioning defined as an individual who is a certified psychologist with autonomous functioning pursuant to KRS 319.056.
- (o)1. A[(11)] Certified social worker defined as[: A certified social worker means] an individual who:
- (a) Meets the requirements established in KRS 335.080.
- 2. A certified social worker[; and
- **(b)** [A certified social worker] may provide services as stated in the covered services section of this manual (Section IV) but only under the **billing** supervision of any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4. Licensed Psychologist
- 5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 11. Certified Psychologist with Autonomous Functioning a licensed clinical social worker].
- (p)1. A[(12)] Licensed psychological associate defined as[: A licensed psychological associate means] an individual who:
- <u>a.[(a)1.]</u> Currently possesses a licensed psychological associate license in accordance with KRS 319.010(6); and
- <u>b.[2.]</u> Meets the licensed psychological associate requirements established in <u>Title 201</u>, Chapter 26 of the Kentucky Administrative Regulations[; or (b) Is a certified psychologist with autonomous functioning].
- 2. A licensed psychological associate may provide services as stated in the covered services section of this manual (Section IV) but only under the supervision of a board-approved[any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4.] licensed psychologist in accordance with:
- a. KRS 319.064(5); and
- b. 201 KAR 26:171
- [5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst][a licensed psychologist].
- (q)1. A certified psychologist defined as an individual who is recognized as a certified psychologist in accordance with Title 201, Chapter 26 of the Kentucky Administrative Regulations.
- 2. A certified psychologist may provide services as stated in the covered services section of this manual (Section IV) but only under the supervision of a board-approved licensed psychologist in accordance with:
- a. KRS 319.064(5); and
- b. 201 KAR 26:171.
- (r)1. A[(13)] Marriage and family therapy associate as[: Marriage and family therapy associate is] defined by KRS 335.300(3).

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- **2.** A marriage and family therapy associate may provide services as stated in the covered services section of this manual (Section IV) but only under the **billing** supervision of any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4. Licensed Psychologist
- 5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst
- 11. Certified Psychologist with Autonomous Functioning[a licensed marriage and family therapist].
- (s)1. A[(14)] Physician assistant as[: Physician assistant is] defined by KRS 311.840(3) and 42 C.F.R. 405.2401(b).
- **2.** A physician assistant may provide services in the covered services section of this manual (Section IV) within the scope of their licensure[,] but only under the supervision of a physician.
- (t)1. A[(15)] Community support associate <u>defined as[: Community support associate means]</u> an individual who meets the community support associate requirements established in 908 KAR 2:250.
- 2. A community support associate may provide services as stated in the covered services section of this manual (Section IV) within the scope of their licensure, under the **billing** supervision of one of the following professionals:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist with Autonomous Functioning
- [(k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Psychiatric Nurse]
- (r) Licensed Professional Art Therapist
- (s) Licensed Professional Art Therapist Associate
- (t) Licensed Behavioral Analyst
- (u) Certified alcohol and drug counselor

[Licensed Assistant Behavioral Analyst]

- (u)1. A[(16)] Peer support specialist defined as[: Peer support specialist means] an individual who meets the qualifications in 908 KAR 2:220, 908 KAR 2:230, and/or 908 KAR 2:240, has completed required training, and who is working under the supervision of one of the following professionals and currently employed by a [regional] CMHC:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist with Autonomous Functioning
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Psychiatric Nurse]
- (q) Licensed Professional Art Therapist
- (r) Licensed Professional Art Therapist Associate
- (s) Certified Alcohol and Drug Counselor
- (t) Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- (u) Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

<u>2.</u> A peer support specialist may provide services as stated in the covered services section of this manual (Section IV) within the scope of their licensure, under [the] supervision <u>as stated above in (16).[of one of the following professionals:]</u>

- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Psychiatric Nurse
- (q) Licensed Professional Art Therapist
- (r) Licensed Professional Art Therapist Associate]
- (v)1. A[(17)] Certified alcohol and drug counselor defined as[: Certified alcohol and drug counselor means] an individual who meets the qualifications established in KAR 309.083.
- 2. A certified alcohol and drug counselor may provide services as state in the covered services section of this manual (Section IV) and within the scope of practice established for certified alcohol and drug counselors in 201 KAR 35:030, but only under the <u>billing</u> supervision of one of the following professionals:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist with Autonomous Functioning
- [(k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Psychiatric Nurse]
- (q) Licensed Professional Art Therapist
- (r) <u>Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)</u>

[Licensed Professional Art Therapist Associate]

- (w) A[(18)] Licensed professional art therapist defined as[: means] a person who has completed a master's or doctoral degree program in art therapy, or an equivalent course of study, from an accredited educational institution, has completed all of the requirements set out in this chapter, and has been issued a license by the board for the independent practice of art therapy.
- (x)1. A[(19)] Licensed professional art therapist associate defined as[:means] a person who has:
- (a) Completed a master's or doctoral degree program in art therapy, or an equivalent course of study, from an accredited educational institution; and
- (b) Been issued a license by the board to practice art therapy under an approved clinical supervisor authorized by the board.
- **2.** A Licensed professional art therapist associate may provide services as stated in the covered services section of this manual (Section IV) within the scope of their licensure, under the **billing** supervision of any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4. Licensed Psychologist
- 5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst
- <u>11. Certified Psychologist with Autonomous Functioning</u>[-a Licensed professional art therapist].

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

(y) A [(20)] licensed behavior analyst defined as [means] an individual who is licensed by the board and who meets the requirements of KRS 319C.080.

- (z) A [(21)] licensed assistant behavior analyst defined as [: means] an individual who:
- (a) Is licensed by the board as an assistant behavior analyst and meets the requirements of KRS 319C.080; and
- (b) Works under the **billing** supervision of any of the following:
- 1. Physician
- 2. Psychiatrist
- 3. Advanced Practice Registered Nurse
- 4. Licensed Psychologist
- 5. Licensed Psychological Practitioner
- 6. Licensed Clinical Social Worker
- 7. Licensed Professional Clinical Counselor
- 8. Licensed Marriage and Family Therapist
- 9. Licensed Professional Art Therapist
- 10. Licensed Behavior Analyst
- 11. Certified Psychologist with Autonomous Functioning [-a certified behavior analyst].
- (aa) A licensed clinical alcohol and drug counselor defined by KRS 309.080(4) and contingent and effective upon approval by the Centers for Medicare and Medicaid Services (CMS).
- (bb)1. A licensed clinical alcohol and drug counselor associate defined by KRS 309.080(5) and contingent and effective upon approval by the Centers for Medicare and Medicaid Services (CMS).
- 2. A licensed clinical alcohol and drug counselor associate may provide services as state in the covered services section of this manual (Section IV) contingent and effective upon approval by the Centers for Medicare and Medicaid Services (CMS) and within the scope of practice established for licensed clinical alcohol and drug counselor associates in KRS 309.080 through KRS 309.089 but only under the billing supervision of one of the following professionals:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

(e) Licensed Psychologist

- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (i) Certified Psychologist with Autonomous Functioning
- (k) Licensed Professional Art Therapist
- (I) Licensed Clinical Alcohol and Drug Counselor

### C. Billing Supervision.

- (1) A billing supervisor shall be an individual who is:
- (a)1. A physician;
- 2. A psychiatrist;
- 3. An advanced practice registered nurse;
- 4. A licensed psychologist;
- 5. A licensed clinical social worker;
- 6. A licensed professional clinical counselor;
- 7. A licensed psychological practitioner;
- 8. A certified psychologist with autonomous functioning;
- 9. A licensed marriage and family therapist;
- 10. A licensed professional art therapist; or
- 11. A licensed behavior analyst; and
- (b) Employed by or under contract with the same community mental health center as the behavioral health practitioner under supervision who renders services under the supervision of the billing supervisor.
- (2) The arrangement between a billing supervisor and a behavioral health practitioner under supervision shall not violate nor substitute for the clinical supervision rules or policies of the respective professional licensure board governing the behavioral health practitioner under supervision.

### **D.[E.]**[(5) Affiliation Agreements

If a CMHC has agreements with other agencies of organizations to provide covered services, these agreements or contracts shall be written and shall include the following:

 A statement specifying that the resource providing services is in compliance with all existing federal, state, and local laws and regulations governing it.

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

2. A statement of compliance with the Kentucky Civil Rights Act of 1977, KRS Chapter 344 and with the civil rights requirements set forth in 45 CFR Parts 80, 84, and 90, which is as follows:

"No person in the United States shall, on the ground of race, color, national origin, sex, handicap or age be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance."

- 1. A statement indicating reasonable assurance that medical services shall be provided by the health resource, when the service is deemed necessary by the <u>recipient's[client's]</u> attending physician.
- 2. A statement indicating that at the time of transfer, or, in case of emergency, as promptly as possible after the transfer an abstract or copies of pertinent clinical and other information necessary to continue the recipient's[client's] treatment without interruption shall be sent to the facility to which the recipient[client] transfers. The information shall include the following: current medical, mental status and physical findings; diagnosis; brief summary of the course of treatment followed, pertinent social and psychological information; nursing, medication and dietary information useful in the care of the patient; rehabilitation potential, and pertinent information concerning achievements in rehabilitation.
- 3. A statement indicating the effective date of the agreement that <u>recipients[clients]</u> may be transferred from one element of service to another without delay when appropriate for their treatment.
- 4. A statement indicating that the staff treating a <u>recipient[elient]</u> may continue to provide appropriate services during care in other elements of service, when indicated.
- 5. A statement indicating the basis of reimbursement between the health resource and the center.
- 6. A statement indicating the conditions by which the agreement may be terminated by either party.
- 7. Signatures by individuals authorized to execute the agreements on behalf of the resources involved.

# COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

[8. In addition to the above stated criterion, each agreement with an affiliate shall comply with Section 215, Cost Related to Subcontractors and/or Affiliate Agreements of the Cabinet for Health and Family Services Community Mental Health Centers Reimbursement Manual].

### E.[F.] Health[(6) Medical] Records

Health [Medical] records regarding behavioral health services stress the psychiatric components of the record including history of findings and treatment rendered for the psychiatric condition and shall be evidence of the direct services rendered to individuals by the CMHC. A health record shall be maintained for each individual with all entries kept current, dated, entitled according to the service received and signed by the staff recipients rendering services. Its purpose is to serve as a basis for planning treatment and training for those being served and to provide a means of communicating between all recipients of the center and its affiliated facilities.

The records and any other information regarding payments claimed shall be maintained in an organized central file and furnished to CHFS upon request and made available for inspection and copying CHFS personnel.

The specific format used for health records is left to the management of the CMHC. It is important, however, that essential information be organized in such a way as to be readily accessible and adequate for the purpose of establishing the current treatment modality and progress of the individual.

Health records maintained on each <u>recipient[client]</u> receiving services shall contain at least an identification sheet, permission for treatment sheet, the purpose for seeking service, problems, screening information relative to the problem, pertinent medical, psychiatric and social information disposition (result or [treatment] plan<u>of care</u>), assigned status, assigned therapist(s) and staff service notes.

The essential parts of the health record include:

### 1.[(1)] IDENTIFICATION

The IDENTIFICATION or INTAKE SHEET shall include: name, social security number, date of intake, home (legal) address, sex, birth date, religion, next of kin or other responsible party and address, health insurance, referral source and address, personal physician and address, the reason the person is seeking help (presenting problem or diagnosis), the name of the informant and any other information needed to meet state and other center requirements.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

<u>2.[(2)]</u> SCREENING, EVALUATIONS, and DISPOSITION
The extent and type of evaluations obtained at the time of screening are dependent on the problem of the <u>recipient[client]</u> seeking or being referred for service.

Screening shall include information relative to the <u>recipient's[client's]</u> problem(s) and other personal and health needs. Psychiatric, psychological, psycho-social and other evaluations rendered following screening shall be completed in accordance with accepted professional principles.

Immediately following <u>a</u> screening, <u>a</u> disposition shall be made <u>which</u> <u>documents[relative to]</u>:

- (a) the status [an] assigned to the recipient[status]
- (b) whether the case was[is] referred to other staff for [staffing for] further discussion and if so, to whom it was referred and what was the outcome [disposition or]
- (c) <u>whether</u> the case <u>was[is]</u> terminated and referred to an outside source for further service or
- (d) <u>whether</u> the case <u>was[is]</u> terminated and further service <u>was[is]</u> not required.

# 3.[(3)] STAFFING and [TREATMENT] PLAN of CARE REGARDING INDIVIDUALS RECEIVING BEHAVIORAL HEALTH SERVICES or BOTH BEHAVIORAL HEALTH AND PRIMARY CARE SERVICES

There shall be staffing conferences following screening to discuss cases, establish diagnosis or clinical impression, recommend additional evaluations and formulate a comprehensive [treatment] plan of care which shall include short term and long range goals as well as treatment modalities. Each recipient[client] receiving direct treatment under the auspices of a community mental health center shall have an individual plan of care signed by a clinically licensed or certified professional authorized to provide services in accordance with this manual - the Community Mental Health Center Behavioral Health Services Manual [provider of the treatment, as stated in Section III, C(2-5) and D(1-7). Subsequent updates and revisions to the plan of care[treatment] will be signed and updated by the clinician providing the **behavioral**[mental] health service. If a psychiatrist, physician (MD), or an Advanced Practice Registered Nurse (APRN) is involved in providing care to the patient, the psychiatrist, MD or APRN will also sign the plan of care[treatment]. Other cases shall be discussed at staff conferences or with another professional staff [recipient] during treatment of individuals for the purpose of reviewing and revising the [treatment] plan of care. There shall be evidence of these conferences or consultations in the health records.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

### A plan of care shall:

- (a) Describe the services to be provided to the recipient, including the frequency of services;
- (b) Contain measurable goals for the recipient to achieve, including the expected date of achievement for each goal;
- (c) Describe the recipient's functional abilities and limitations, or diagnosis listed in the current edition of the American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders™;
- (d) Specify each staff member assigned to work with the recipient;
- (e) Identify methods of involving the recipient's family or significant others if indicated;
- (f) Specify criteria to be met for termination of treatment;
- (g) Include any referrals necessary for services not provided directly by the community mental health center[behavioral health services organization]; and
- (h) The date scheduled for review of the plan.
- (i) The recipient shall participate to the maximum extent feasible in the development of his or her plan of care and the participation shall be documented in the recipient's record.
- (j)1. The initial plan of care shall be developed [reviewed and updated] through multidisciplinary team conferences as clinically indicated and at least thirty (30) days following the first ten (10) days of treatment.
- 2. The plan of care for an individual receiving residential services for a substance use disorder or intensive outpatient program services shall be reviewed every thirty (30) days thereafter and updated every sixty (60) days or earlier if clinically indicated.
- 3. The plan of care for an individual receiving a service other than residential services for a substance use disorder, intensive outpatient program services, or pregnant women substance use prevention services [please see Section IV.22.II.(B)] shall be reviewed and updated every six (6) months thereafter or earlier if clinically indicated.
- **4.** A plan of care and each review and update shall be signed by the participants in the multidisciplinary team conference that developed it.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

5. A plan of care review[reviews] shall be documented in the recipient's health record. [The Treatment Plan shall be reviewed at least every six (6) months and the record shall document the review.]

### 4.[(4)] HISTORY and EXAMINATIONS

A complete history, including mental status and treatment rendered shall be required on all Medicaid recipients admitted for treatment by the center.

A current hospital discharge summary containing history information is acceptable or if a history is done outside the center and submitted, it shall be acceptable to the psychiatrist in charge based on content.

Staff notes shall be written within one working day of each visit and shall describe the **recipient's[elient's]** symptoms or behavior, reaction to treatment, demeanor, the therapist's intervention, changes in [treatment] plan of care, and need for continued treatment.

### 5.[(5)] STAFF NOTES

All staff notes shall be in chronological order, dated, entitled as to service rendered, have a starting and ending time for the services, and be recorded and signed by the staff person rendering the service with title (i.e., MSW, Psych., Prof. Eq., etc.). Family collateral, telephone and other significant contacts shall also be recorded in the staff notes.

All staff notes shall be recorded and signed by the staff person rendering the service. Initials, typed or stamped signatures are not acceptable.

The staff note by any practitioner working under billing supervision shall be co-signed by the billing supervisor within thirty (30) days.

There shall be a monthly supervisory note recorded by the billing supervisor reflecting consultation concerning the case and the evaluation of services being provided to the recipient.

For therapeutic rehabilitation services, the staff notes of the person delivering the service may be recorded daily, or if the CMHC prefers, as a weekly summary as long as the attendance worksheets are maintained. The weekly summary staff notes shall include a description of the <u>recipient's [client's]</u> symptoms or behavior, reaction to treatment, demeanor, changes in [treatment] plan of care, and need for continued treatment. Also a description

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

of activities and how the activities were used to facilitate psychiatric therapy shall also be included in the staff note. [The staff note by any practitioner working under supervision][a paraprofessional] [shall be co-signed by the supervising professional within thirty (30) days][providing the service].

[Staff notes documenting outpatient services provided by a mental health associate shall be co-signed by the supervising professional.] [There shall be a monthly supervisory note by the professional reflecting consultation concerning the case and the professional's evaluation of services being provided to the client.]

### **[(A) LABORATORY TESTS and EXAMINATIONS**

Blood and other laboratory tests and examinations shall be performed in accordance with accepted medical practice on all individuals receiving medications prescribed or administered by the CMHC.

### 6.[(B)] MEDICATION

All medication prescribing and monitoring used in treatment shall be recorded in staff notes.

A CMHC with the capacity to use electronic prescribing may do so and shall be able to produce a hard copy of each prescription.

If a CMHC does not use electronic prescribing, the CMHC shall document each prescription [and] on a [special medication] form designated specifically for medications for easy reference and follow-up and keep[-] a copy of each[the] prescription issued [shall be filed] in the health record of each recipient for whom a prescription was issued.

[Medication prescribing and monitoring shall be under the direction of a licensed psychiatrist, a licensed physician supervised by a psychiatrist, or an APRN certified in psychiatric-mental health nursing practice who meets the requirements established in 201 KAR 20:057, Section 2(1) and Section 6(1) – (3).] Prescriptions concerning medication shall not exceed an order for more than five (5) refills.

7.[(e)] DIAGNOSIS or CLINICAL IMPRESSION

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

A diagnosis or clinical impression shall be in the terminology of the most current edition of the *American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders*™.

Other co-occurring (physical) diagnoses shall be recorded, followed by information as to where treatment is being received and by whom it is being provided.

Diagnoses shall be recorded in the health record within three (3) visits, in order to receive Medicaid payment except when the visit is for any of the following services:

- a. Mobile crisis services
- b. Crisis intervention
- c. A screening;
- d. An assessment
- <u>e.</u> A screening, brief intervention, and referral to treatment for a substance <u>use disorder (SBIRT)</u>.

### 8.[(6)] TERMINATION SUMMARY

A termination summary is required on all <u>recipients[elients]</u> seen in excess of three (3) <u>behavioral health</u> visits and shall contain a recapitulation of the significant findings and events during treatment, including the final evaluation regarding progress of the <u>recipient[elient]</u> toward goals and objectives set forth in the [treatment] plan of care, final diagnosis of clinical impression, and condition on termination and disposition.

### 9.[(7)] HEALTH RECORD COMPLETION

Active records and those on terminated cases shall be completed promptly.

Evaluations and examinations are to be completed within three (3) working days following visits.

Health records of terminated cases are completed within ten (10) days following termination.

If a case is reopened within ninety (90) days for the same or related problem, reference to the previous case history, an interval note shall suffice for an intake and an assessment.

### 10.[a.] RETENTION OF RECORDS

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

All health records of terminated <u>recipients[elients]</u> shall be completed promptly and retained for a period of time determined by the governing authority or in accordance with KRS, which is currently:

a. Six (6) [five (5)] years; or

b. If a minor, three (3) years after the **recipient**[client] reaches the age of majority under state law, whichever is longest.

If a <u>recipient[client]</u> is transferred or referred to another health care facility for continued care and treatment, a copy of an abstract of his health record shall be forwarded immediately. In the event of a change in management of a CMHC program, all health records, indexes and registers shall remain the property of the center and be transferred to the new owner.

### 11.[b.] CONFIDENTIALITY OF HEALTH RECORDS

All information contained in the health record is treated as confidential and is disclosed only to authorized persons, authorized CHFS representatives, authorized managed care organization representatives, or authorized representation of the federal government. The provider shall provide to representatives of CHFS or a managed care organization in which a recipient is enrolled requested information to substantiate:

- 1. staff notes detailing service rendered
- 2. professional rendering service
- 3. type of service rendered and any other requested information necessary to determine on an individual <u>recipient[elient]</u> and service basis whether services are reimbursable by Medicaid.

Failure of the CMHC to provide to CHFS staff <u>or managed care organization</u> <u>staff if the recipient is enrolled with a managed care organization</u> requested documentation shall result in denial of payment for those billed services.

### **F.**[G.] Application for Participation

A CMHC, being in compliance with the standards as outlined in Title II of Public Law 88-164, licensed in accordance with 902 KAE 20:091 and meeting the requirements of Medicaid as set forth in 907 KAR 1:044, may submit a Provider Application, MAP-811, to DMS.

### G.[H.] Out-of-State Facility

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

Kentucky Medicaid reimbursement for outpatient psychiatric services provided in an out-or-state facility is limited to the following conditions as specified in section 1102 off the social Security Act, Part 431, Paragraph 431.52, (b) Payment for Services:

"A State Plan must provide that the State will furnish Medicaid – to (1) a recipient who is a resident of the State while that recipient is in another State, to the same extent that Medicaid is furnished to residents in the State, when

- (a) Medical services are needed because of a medical emergency;
- (b) Medical services are needed because the recipient's health would be endangered if he were required to travel to his state of residence;
- (c) The State determines, on the basis of medical advice, that the needed medical services, or necessary supplementary resources, are more readily available in the other State; or
- (d) It is general practice for recipients in a particular locality to use medical resources in another state; and
- (2) A child for whom the State makes adoption assistance or foster care maintenance payments under Title IV-E of the Act."

The out-of-state facility shall be licensed to provide the community mental health center or outpatient psychiatric services by the state in which it is located, and shall participate as a provider of these services in that state's title XIX (Medicaid) Program.

An out-of-state facility shall submit a copy of the negotiated participation agreement with their state's Title XIX Program and a copy of that state's Medicaid reimbursement rates for the covered services, in addition to the items listed in paragraph G. Application for Participation, this section.

### COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

### H.[I.] Termination of Participation

907 KAR 1:671 regulates the terms and conditions of provider participation and procedures for provider appeals. CHFS determines the terms and conditions for participation of vendors in the Kentucky Medicaid Program and may suspend, terminate, deny or not renew a vendor's provider agreement for "good cause." "Good cause" is defined as:

- 1. Misrepresenting or concealing facts in order to receive or to enable others to receive benefits;
- 2. Furnishing or ordering services under Medicaid that are substantially in excess of the recipient's needs or that fail to meet professionally recognized health care standards;
- 3. Misrepresenting factors concerning a facility's qualifications as a provider:
- 4. Failure to comply with the terms and conditions for vendor participation in the program and to effectively render service to recipients; or
- 5. Submitting false or questionable charges to the agency.

The Kentucky Medicaid Program shall notify a provider in writing at least thirty (30) days prior to the effective date of any decision to terminate, suspend, deny or not renew a provider agreement. The notice shall state:

- 1. The reasons for the decision
- 2. The effective date
- 3. The extent of its applicability to participation in the Medicaid Program
- 4. The earliest date on which CHFS shall accept a request for reinstatement
- 5. The requirements and procedures for reinstatement; and
- 6. The appeal rights available to the excluded party.

The provider receiving the notice may request an evidentiary hearing. The request shall be in writing and made within five (5) days of receipt of the notice.

The hearing shall be held within thirty (30) days of receipt of the written request, and a decision shall be rendered within thirty (30) days from the date all evidence and testimony is submitted. Technical rules of evidence shall not apply. The hearing shall be held before an impartial decision-maker

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION III - CONDITIONS OF PARTICIPATION

appointed by the Secretary for CHFS. When an evidentiary hearing is held, the provider is entitled to the following:

- 1. Timely written notice as to the basis of the adverse decision and disclosure of the evidence upon which the decision was based
- 2 An opportunity to appear in person and introduce evidence to refute the basis of the adverse decision
- 3. Counsel representing the provider
- 4. An opportunity to be heard in person, to call witnesses, and in introduce documentary and other demonstrative evidence; and
- 5. An opportunity to cross-examine witnesses.

The written decision of the impartial hearing officer shall state the reasons for the decision and the evidence upon which the determination is based. The decision of the hearing officer is the final decision of CHFS.

These procedures apply to any provider who has received notice from CHFS of termination, suspension, denial or non-renewal of the provider agreement or of suspension from the Medicaid Program, except in the case of an adverse action taken under Title XVIII (Medicare), binding upon Medicaid. Adverse action taken against a provider under Medicare shall be appealed through Medicare procedures.

### I.[J.] DEFINITION of "FACE-to-FACE."

"Face-to-face" means occurring:

(1) In person; or

(2) If authorized by 907 KAR 3:170, via a real-time, electronic communication that involves two (2) way interactive video and audio communication.

# COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

### IV. COVERED SERVICES

[Psychiatric] Services provided by participating community mental health centers shall be covered through the community mental health center element of the Medicaid Program when provided in accordance with this manual – the Community Mental Health Center Behavioral Health

Services Manual – and 907 KAR 1:044[Program policy and guidelines as stated in this section]. All covered services are listed in the Appendix of this manual.

### A. Rehabilitative Mental Health and Substance Use Services

### 1. General Information

Rehabilitative mental health and substance use services may be either onsite, which are defined as the CMHC, leased space and donated space, or off-site which includes the **recipient's[client's]** home, congregate living facility not otherwise reimbursed by Medicaid, with the exception of an Institute for Mental Disease (IMD), school or day care center, senior citizen's center, and family resource and youth center.

The only services covered in a detoxification setting are psychiatric services provided by the CMHC-based psychiatrist, or an APRN, certified in psychiatric-mental health nursing practice, who meets the requirements established in 201 KAR 20:057, Section 2(1) and Section 6(1) – (3).

[These rehabilitative mental health and substance use services shall be provided on a regularly scheduled basis, except for crisis services.]
[with] [Arrangements may be made for nonscheduled visits during times of increased stress or crisis. The service shall be the primary point for diagnosis and evaluation of psychiatric problems and the source of referrals to other services and other agencies.] All services shall be provided in accordance with a plan of care[treatment].

[If these services are provided by staff other than the following professionals, the services shall be delivered according to a plan of treatment which has been developed in direct consultation with one (1) of the six (6) principle disciplines.

- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse
- (r) Licensed Professional Art Therapist
- (s) Licensed Professional Art Therapist Assistant
- (t) Licensed Behavioral Analyst
- (u) Licensed Assistant Behavioral Analyst]

Ongoing consultation shall also be maintained with the supervisory staff throughout the duration of the <u>recipient's[elient's]</u> treatment. Staff notes <u>shall[should]</u> clearly reflect the input of <u>the recipient</u>. If a supervising <u>professional was involved</u>, the staff notes shall contain the supervising <u>professional's signature</u>. [and supervision by the psychiatrist or supervisory <u>staff recipient as well as their countersignature</u>].

### 2. Individual Outpatient Therapy

Individual Outpatient Therapy shall consist of a face-to-face therapeutic intervention provided in accordance with a recipient's identified [treatment] plan of care and is aimed at the reduction of adverse symptoms and improved functioning. Individual outpatient therapy shall[must] be provided as a one (1) – on – one (1)[one-on-one] encounter between the provider and the recipient[client]. Individual outpatient therapy services shall be limited to a maximum of three (3) hours per day, per recipient[client], but can be exceeded based on medical necessity.

### 3. Group Outpatient Therapy

Group Outpatient Therapy shall be therapeutic intervention provided to a group of unrelated persons except for multi-family group outpatient therapy. A group consists of no more than twelve (12) persons. [It is usually for a limited time period (generally 1 to 1/2]hours in duration).] In group therapy, recipients[clients] are involved with one another at a cognitive and emotional level. Group therapy focuses on psychological needs of the recipients[clients] as evidenced in each recipient's[client's] plan of

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

<u>care</u>[treatment]. Group therapy centers on goals such as building and maintaining healthy relationships, personal goal setting, and the exercise of personal judgment. The group shall have a deliberate focus and <u>shall[must]</u> have a defined course of treatment. Individual notes <u>shall[must]</u> be written for each recipient within the group and be kept in that individual's medical record.

Services shall be limited to a maximum of three (3) hours of group therapy per day, per **recipient[elient]**, but can be exceeded based on medical necessity.

### 4. Family Outpatient Therapy

Family Outpatient Therapy shall consist of a face to face therapeutic intervention provided through scheduled therapeutic visits between the therapist and the recipient and one or more members of a recipient's family to address issues interfering with the relational functioning of the family and improve interpersonal relationships within the home environment.

The need for family therapy shall be so stated in the <u>recipient's[client's]</u> plan of <u>care[treatment]</u>. Family therapy services shall be for the benefit of the <u>recipient[client]</u>.

### 5. Collateral Outpatient Therapy

Collateral <u>outpatient therapy</u> services shall be limited to recipients under the age of twenty-one (21), who are <u>recipients[elients]</u> of the rendering provider. A collateral <u>outpatient therapy</u> service shall be a face-to-face encounter with a parent/caregiver, legal representative/guardian, school personnel or other person in a position of custodial control or supervision of the <u>recipient[client]</u>, for the purpose of providing counseling or consultation on behalf of a <u>recipient[client]</u> in accordance with an established plan of <u>care[treatment]</u>. The parent or legal representative in a role of supervision of the <u>recipient[client]</u> shall give written approval for this service. This written approval shall be kept in the recipient's medical record. This service is only reimbursable for a recipient under the age of twenty-one (21) years.

Persons in a role of supervision may include day care providers, house parents, camp counselor, patient's physician, or a social worker with case management responsibility who is not employed by the CMHC.

[Services may include consultation, counseling, assessment, family support on behalf of the child with a focus to accomplish the goals outlined in the plans of treatment. The services may be provided on or off-site.] Services

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

delivered to more than one (1) person at the same time shall be billed as if the time were spent with an individual **recipient[client]**.

A billable unit of service is the actual time spent face-to-face delivering an actual service. Time spent in traveling to and from an off-site visit shall not be billed.

#### 6. Crisis Intervention Services

Crisis Intervention shall be a therapeutic intervention provided for the purpose of immediately reducing or eliminating risk of physical or emotional harm to the **recipient[client]**, or others. This service shall be provided as an immediate relief to the presenting problem or threat. It **shall[must]** be followed by non-crisis service referral as appropriate. It **shall[must]** be provided in a face-to-face, one-on-one encounter between the provider and the **recipient[client]**.

Crisis intervention may include further service prevention planning such as lethal means reduction for suicide risk and substance use relapse prevention.

#### 7. Mobile Crisis Services.

Mobile Crisis provides the same services as crisis intervention, except the location for the service is not in the office. Services are available twenty-four (24) hours a day, seven (7) days a week, 365 days a year. This service is provided in duration of less than twenty-four (24) hours and is not considered an overnight service but is covered at any time during twenty-four (24) hours of a day. This service shall be a multi-disciplinary team based intervention provided face-to-face [provides crisis response] in a home or in a community setting that ensures [to provide an immediate evaluation, triage and] access to mental health and substance use disorder[acute behavioral health] services [including treatment] and supports to reduce symptoms or[effect symptom reduction,] harm [reduction] or to safely transition persons in acute crises to the appropriate least restrictive level of care. Mobile crisis shall also involve all services and supports necessary to provide integrated crisis prevention, assessment and disposition, intervention, continuity of care recommendations, and follow-up services.

To provide mobile crisis services, a CMHC shall have:

- a. The capacity to employ required practitioners and coordinate service provision among the rendering practitioners;
- b. The capacity to provide the full range of mobile crisis services as stated in this paragraph and on a twenty-four (24) hour a day, seven (7) day a week, every day of the year basis;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- c. Access to a board certified or board-eligible psychiatrist twenty-four (24) hours a day, seven (7) days a week, every day of the year;
- e. The administrative capacity to ensure quality of services;
- f. A financial management system that provides documentation of services and costs; and
- g. The capacity to document and maintain individual case records
- 8. Therapeutic Rehabilitation Services
- A. A Therapeutic Rehabilitation Program is a rehabilitative service for adults with a severe[serious] mental illness or[illnesses and] children with a severe[serious] emotional disability[disabilities] designed to maximize reduction of the effects of a mental health disorder[disability] and restoration of the recipient's best possible functional level. Services shall be designed for the reduction of the effects of a mental disorder[in disabilities] related to social, personal, and daily living skills, as well as the restoration of these skills. The recipient establishes his or her own rehabilitation goals within the person centered service plan. Component services are delivered using a variety of psychiatric rehabilitation techniques and focus on improving daily living skills (hygiene, meal preparation, and medication adherence), self-monitoring of symptoms and side effects, emotional regulation skills, crisis coping skills and interpersonal skills. Services may be delivered individually or in a group.

Medicaid shall make payment for eligible <u>recipients[elients]</u> in therapeutic rehabilitation programs if specified by a [treatment] plan <u>of care</u> approved and signed by the psychiatrist or APRN[-and if the following requirements are met:

- a. The program shall have direct supervision by the psychiatrist, psychologist, licensed professional clinical counselor, licensed marriage and family therapist, or a psychiatric nurse licensed clinical social worker][, or a professional equivalent]. [This professional shall be present in the therapeutic rehabilitation program to provide direct, ongoing supervision and to serve as a source of guidance for other recipients of the therapeutic team].
- B. 1. To provide therapeutic rehabilitation program services a CMHC shall: a. Have the capacity to employ staff authorized to provide therapeutic
- rehabilitation program services in accordance with this section and to coordinate the provision of services among team members;
- b. Have the capacity to provide the full range of therapeutic rehabilitation program services as stated in this paragraph;
- c. Have demonstrated experience in serving individuals with mental health disorders;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- d. Have the administrative capacity to ensure quality of services;
- e. Have a financial management system that provides documentation of services and costs; and
- f. Have the capacity to document and maintain individual case records.

### 9. Psychological Testing

Psychological testing for individuals with mental health, substance use, or cooccurring mental health and substance use disorders may include psychodiagnostic assessment of personality, psychopathology, emotionality, and/or intellectual abilities. This also includes interpretation and written report of testing results. Psychological testing shall be performed by an individual who has met the requirements of KRS Chapter 319 related to the necessary credentials to perform psychological testing.

#### 10. Screening

Screening shall be the determination of the likelihood that a person has a mental health, substance use, or co-occurring mental health and substance use disorders. The purpose is not to establish the presence or specific type of such a disorder but to establish the need for an in-depth assessment.

#### 11. Assessment

Assessment shall include gathering information and engaging in a process with the <a href="recipient[client">recipient[client</a>] that enables the provider to establish the presence or absence of a mental health and/or substance use disorder, determine the <a href="recipient's[client's">recipient's[client's]</a>] readiness for change, identify <a href="recipient[client">recipient[client</a>] strengths or problem areas that may affect the processes of treatment and recovery, and engage the <a href="recipient[client">recipient[client</a>] in the development of an appropriate treatment relationship. The purpose of an assessment is to establish (or rule out) the existence of a clinical disorder or service need and to work with the <a href="recipient[client">recipient[client</a>] to develop a treatment and service plan. This does not include psychological or psychiatric evaluations or assessments.

The extent and type of assessment performed shall depend upon the problem of the individual seeking or being referred for services.

#### 12. Partial Hospitalization

Partial Hospitalization is a short-term (average of <u>four (4) to six (6)</u>[<u>four to six</u>] weeks), less than <u>twenty-four (24)-hour</u>[<u>24-hour</u>], intensive treatment program for individuals experiencing significant impairment to daily functioning due to substance use disorders, mental health disorders, or co-occurring mental health and substance use disorders. Partial Hospitalization

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

may be provided to adults or children. Admission criteria are based on an inability to adequately treat the <a href="recipient[client">recipient[client</a>] through community-based therapies or intensive outpatient services. The program will consist of individual, group, family therapies and medication management. Educational, vocational, or job training services that may be provided as part of partial hospitalization are not reimbursed by Medicaid. The program has an agreement with the local educational authority to come into the program to provide all educational components and instruction which are not Medicaid billable or reimbursable. Services in a Medicaid-eligible child's Individual Education Plan (IEP) are coverable under Medicaid. Partial hospitalization is typically provided at least four (4) hours per day. Partial hospitalization is typically focused on one primary presenting problem (i.e., substance use, sexual reactivity, etc.).

### 13. Service Planning

Service planning involves assisting the recipient in creating an individualized plan for services needed for maximum reduction of the effects of a mental health disorder[disability] and restoration of a recipient to the recipient's[his] best possible functional level. A person centered planning process is required. The plan is directed by the recipient and shall[must] include practitioners of the recipient's choosing. The providers include more than licensed professionals; it may include the recipient (and the recipient's[his] guardian if applicable), care coordinator, other service providers, family members or other individuals that the recipient chooses.

14. Screening, Brief Intervention, and Referral to Treatment for a Substance Use Disorder (SBIRT)

SBIRT is an evidence-based early intervention approach that targets individuals with non-dependent substance use to provide effective strategies for intervention prior to the need for more extensive or specialized treatment. SBIRT consists of three major components:

Screening: Assessing an individual for risky substance use behaviors using standardized screening tools;

Brief Intervention: Engaging a patient showing risky substance use behaviors in a short conversation, providing feedback and advice; and

Referral to Treatment: Provides a referral to additional mental health, substance use, or co-occurring mental health and substance use disorder services to patients who screen in need of additional services to address

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

substance use. The Referral to Treatment is part of the Brief Intervention and thus to a behavioral health service.

- 15. [Medication Assisted Treatment (MAT) for Substance Use Disorder This service shall be delivered in accordance with 908 KAR 1:340 and 1:370 and includes any opioid addiction treatment that includes a U.S. Food and Drug Administration (FDA) approved medication for the detoxification or maintenance treatment of opioid addiction (e.g., methadone, leva-alpha acetyl methadol [LAAM], buprenorphine, buprenorphinenaloxone, naltrexone) along with counseling and other supports, including urine drug screen. Services may be provided in an Opioid Treatment Program (OTP), a medication unit affiliated with an OTP, or, with the exception of Methadone, a physician's office or other community based setting including the recipient's home/residence, homeless shelter, school (only if not an IEP covered service), or other community setting where the recipient may wish/need to receive a service. Providers are instructed through regulations that the confidentiality of the client must be maintained in any setting where a service may occur. MAT increases the likelihood for cessation of illicit opioid use or of prescription opioid abuse. MATs are non-residential and must comply with all state laws.
- 16.] Assertive Community Treatment.
- A.1. Assertive community treatment shall:
- a. Be an evidence-based psychiatric rehabilitation practice which provides a comprehensive approach to service delivery for individuals with a serious mental illness; and
- b. Include:
- (i) Assessment;
- (ii) Treatment planning:
- (iii) Case management;
- (iv) Psychiatric services;
- (v) Medication prescribing and monitoring;
- (vi) Individual outpatient therapy;
- (vii) Family outpatient therapy:
- (viii) Group outpatient therapy;
- (ix) Mobile crisis services;
- (x) Crisis intervention;
- (xi) Mental health consultation; or
- (xii) Family support and basic living skills.
- 2.a. Mental health consultation shall involve brief, collateral interactions with other treating professionals who may have information for the purpose of treatment planning and service delivery.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- b. Family support shall involve the assertive community treatment team's working with the recipient's natural support systems to improve family relations in order to:
- (i) Reduce conflict; and
- (ii) Increase the recipient's autonomy and independent functioning.
- c. Basic living skills shall be rehabilitative services focused on teaching activities of daily living necessary to maintain independent functioning and community living.
- 3. To provide assertive community treatment services, a [behavioral health services organization] shall:
- a. Employ at least one (1) team of multidisciplinary professionals:
- (i) Led by a qualified mental health professional; and
- (ii) Comprised of at least four (4) full-time equivalents including a prescriber, a nurse, an approved behavioral health services provider, a case manager, or a co-occurring disorder specialist;
- b. Have adequate staffing to ensure that no team's caseload size exceeds ten (10) participants per team member (for example, if the team includes five (5) individuals, the caseload for the team shall not exceed fifty (50) recipients);
- c. Have the capacity to:
- (i) Employ staff authorized to provide assertive community treatment services in accordance with this paragraph;
- (ii) Coordinate the provision of services among team members;
- (iii) Provide the full range of assertive community treatment services as stated in this paragraph; and
- (iv) Document and maintain individual case records; and
- d. Demonstrate experience in serving individuals with persistent and serious mental illness who have difficulty living independently in the community.
- [b. Use a multidisciplinary team of any of the following professionals:
- (i) A psychiatrist;
- (ii) A nurse;
- (iii) A case manager; or
- (iv) A therapist;
- (v) A peer support specialist and
- c. Include:
- (i) Assessment:
- (ii) Treatment planning;
- (iii) Case management:
- (iv) Psychiatric services;
- (v) Medication management administration;
- (vi) Individual outpatient therapy;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (vii) Family outpatient therapy;
- (viii) Group outpatient therapy;
- (ix) Peer support;
- (x) Mobile crisis intervention;
- (xi) Mental health consultation; or
- (xii) Family support and basic living skills.
- 2. To provide assertive community treatment services, a CMHC shall:
- a. Employ one (1) or more teams:
- (i) Led by one of the following professionals:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (i) Certified Psychologist
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse
- (r) Licensed Professional Art Therapist
- (s) Licensed Professional Art Therapist Associate and:
- (ii) Comprised of at least four (4) full-time equivalents including a prescriber, a nurse, case manager, or a co-occurring disorder specialist, or one of the following:
- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- (j) Certified Psychologist
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse
- (r) Licensed Professional Art Therapist
- (s) Licensed Professional Art Therapist Associate
- b. Have adequate staffing to ensure that no caseload size exceeds ten (10) participants per team member:
- c. Have the capacity to employ staff authorized to provide assertive community treatment services in accordance with this section and to coordinate the provision of services among team members;
- d. The capacity to provide the full range of assertive community treatment services as stated in this paragraph;
- e. Demonstrated experience in serving individuals with persistent and serious mental illness who have difficulty living independently in the community;
- f. The administrative capacity to ensure quality of services;
- g. A financial management system that provides documentation of services and costs: and
- h. The capacity to document and maintain individual case records.

### 16.[17.] Intensive Outpatient Program Services.

- A.1. Intensive outpatient program services shall:
- a. Be an alternative to or transition from inpatient hospitalization or partial hospitalization for a mental health, substance use, or co-occurring disorder;
- b. Offer a multi-modal, multi-disciplinary structured outpatient treatment program that is significantly more intensive than individual outpatient therapy, group outpatient therapy, or family outpatient therapy; and
- c. Be provided at least three (3) hours per day at least three (3) days per week; and
- d. Include:
- (i) Individual outpatient therapy, group outpatient therapy, or family outpatient therapy unless contraindicated;
- (ii) Crisis intervention; or
- (iii) Psycho-education.
- 2. During psycho-education the recipient or family member shall be:
- a. Provided with knowledge regarding the recipient's diagnosis, the causes of the condition, and the reasons why a particular treatment might be effective for reducing symptoms; and

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- b. Taught how to cope with the recipient's diagnosis or condition in a successful manner.
- 3. An intensive outpatient program treatment plan shall:
- a. Be individualized: and
- b. Focus on stabilization and transition to a lesser level of care.
- 4. To provide intensive outpatient program services, a CMHC shall have:
- a. Access to a board-certified or board-eligible psychiatrist for consultation;
- b. Access to a psychiatrist, other physician, or advanced practiced registered nurse for medication management;
- c. Adequate staffing to ensure a minimum recipient-to-staff ratio of ten (10) **recipients**[clients] to one (1) staff;
- d. The capacity to provide services utilizing a recognized intervention protocol based on nationally accepted treatment principles;
- e. The capacity to employ staff authorized to provide intensive outpatient program services in accordance with this section and to coordinate the provision of services among team members;
- f. The capacity to provide the full range of intensive outpatient program services as stated in this paragraph;
- g. Demonstrated experience in serving individuals with behavioral health disorders;
- h. The administrative capacity to ensure quality of services;
- i. A financial management system that provides documentation of services and costs; and
- j. The capacity to document and maintain individual case records.
- B. These services shall be provided:
- 1. In a setting with a minimum recipient-to-staff ratio of ten (10) to one (1);
- 2. By behavioral health professionals who utilize a recognized intervention protocol that shall be:
- a. Based on recovery principles; and
- b.(i) For a recipient who is not an enrollee, be approved by the Department for Behavioral Health, Developmental and Intellectual Disabilities; or
- (ii) For an enrollee, be approved by the managed care organization in which the enrollee is enrolled.
- 17.[48.] Residential Services for Substance Use Disorders
- A.1. Residential services for substance use disorders shall:
- a. Be provided in twenty-four (24) hour per day units;
- b. Be short or long term to provide intensive treatment and skills building in a structured and supportive environment;
- c. Assist an individual in abstaining from alcohol or substance use and in entering alcohol or drug addiction recovery;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- d. Be provided in a twenty-four (24) hour a day, live-in facility that offers a planned and structured regimen of care aimed to treat individuals with addiction or co-occurring mental health and substance use disorders; e. Assist a recipient in making necessary changes in the recipient's life to
- e. Assist a recipient in making necessary changes in the recipient's life to enable the recipient to live drug- or alcohol-free;
- f. [Lasts less than thirty (30) days;
- g. ]Be provided under the medical direction of a physician;
- **g.[h.]** Provide continuous nursing services in which a registered nurse shall be:
- (i) On site during traditional first shift hours, Monday through Friday;
- (ii) Continuously available by phone after hours;
- (iii) On site as needed in follow up to telephone consultation after hours;
- **h.[i-]** Be based on individual need and may include:
- (i) Screening;
- (ii) Assessment;
- (iii) Service planning;
- (iv) Individual outpatient therapy;
- (v) Group outpatient therapy; or
- (vi) Family outpatient therapy;
- (vii) Peer support; and
- i.[i.] Be provided in accordance with 908 KAR 1:370.
- 2. A residential service for substance use disorder building shall have more than eight (8) but less than seventeen (17) beds <u>unless every recipient</u> receiving services in the building is under the age of twenty-one (21) years or over the age of sixty-five (65) years in which case the limit of sixteen (16) beds shall not apply.
- 3. A short-term length-of-stay for residential services for substance use disorders shall:
- a. Be less than (30) days in duration;
- b. Include planned clinical program activities constituting at least fifteen (15) hours per week of structured professionally-directed treatment activities to:
- (i) Stabilize a person's substance use disorder; and
- (ii) Help the recipient develop and apply recovery skills; and
- c. May include the services listed in subparagraph 1.i. of this paragraph.
- 4. A long-term length-of-stay for residential services for substance use disorders shall:
- a. Be between thirty (30) days and ninety (90) days in duration;
- b. Include planned clinical program activities constituting at least forty (40) hours per week of structured professionally-directed treatment activities to:
- (i) Stabilize a person's substance use disorder; and
- (ii) Help the recipient develop and apply recovery skills; and
- c. May include the services listed in subparagraph 1.i. of this paragraph.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- 5. Residential services for a substance use disorder shall not include:
- a. Room and board:
- b. Educational services;
- c. Vocational services:
- d. Job training services;
- e. Habilitation services:
- f. Services to an inmate in a public institution pursuant to 42 C.F.R. 435.1010;
- g. Services to an individual residing in an institution for mental diseases pursuant to 42 C.F.R. 435.1010;
- h. Recreational activities:
- i. Social activities; or
- j. Services required to be covered elsewhere in the state plan.
- 6. The physical structure in which residential services for a substance use disorder are provided shall not:
- a. Contain more than sixteen (16) beds <u>unless every recipient receiving</u> services in the building is under the age of twenty-one (21) years or over the age of sixty-five (65) years in which case the limit of sixteen (16) beds shall not apply; and
- b. Be part of multiple units comprising one (1) facility with more than sixteen (16) beds in aggregate <u>unless every recipient receiving services in the multiple units is under the age of twenty-one (21) years or over the age of sixty-five (65) years in which case the limit of sixteen (16) beds shall not apply.</u>
- 7. To provide residential services for a substance use disorder, a CMHC shall:
- a. Have the capacity to employ staff authorized to provide day treatment services in accordance with this section and to coordinate the provision of services among team members;
- b. Have the capacity to provide the full range of residential services for a substance use disorder as stated in this paragraph;
- c. Have demonstrated experience in serving individuals with behavioral health disorders:
- d. Have the administrative capacity to ensure quality of services;
- e. Have a financial management system that provides documentation of services and costs:
- f. Have the capacity to document and maintain individual case records; and g. Be licensed as a non-medical and non-hospital based alcohol and other drug abuse treatment program in accordance with 908 KAR 1:370.

### 18.[19.] Residential Crisis Stabilization Services

A.1. Residential crisis stabilization services shall be provided in a crisis stabilization unit.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 2. A crisis stabilization unit shall:
- a. Be a community-based, residential program that offers an array of services including:
- (i) Screening;
- (ii) Assessment;
- (iii) Treatment planning;
- (iv) Individual outpatient therapy;
- (v) Family outpatient therapy;
- (vi) Group outpatient therapy;
- (vii) Psychiatric services; and
- (viii) Peer support;
- b. Provide services in order to:
- (i) Stabilize a crisis and divert an individual from a higher level of care;
- (ii) Stabilize an individual and provide treatment for acute withdrawal, if applicable; and
- (iii) Re-integrate the individual into the individual's community or other appropriate setting in a timely fashion;
- c. Not be part of a hospital;
- d. Be used when an individual:
- (i) Is experiencing a behavioral health emergency that cannot be safely accommodated within the individual's community; and
- (ii) Needs overnight care that is not hospitalization; and
- e. Not contain more than sixteen (16) beds unless every recipient receiving services in the physical structure is under the age of twenty-one (21) years or over the age of sixty-five (65) years in which case the limit shall not apply; and
- f. Not be part of multiple units comprising one (1) facility with more than sixteen (16) beds in aggregate <u>unless every recipient receiving services in the multiple units is under the age of twenty-one (21) years or over the age of sixty-five (65) years in which case the limit shall not apply.</u>
- 3. Residential crisis stabilization shall not include:
- a. Room and board:
- b. Educational services;
- c. Vocational services:
- d. Job training services;
- e. Habilitation services:
- f. Services to an inmate in a public institution pursuant to 42 C.F.R. 435.1010;
- g. Services to an individual residing in an institution for mental diseases pursuant to 42 C.F.R. 435.1010:
- h. Recreational activities:
- i. Social activities: or
- j. Services required to be covered elsewhere in the state plan.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- 4. To provide residential crisis stabilization services, a CMHC shall have:
- a. The capacity to employ staff authorized to provide day treatment services in accordance with this section and to coordinate the provision of services among team members;
- b. The capacity to provide the full range of residential crisis stabilization services as stated in this paragraph and on a services twenty-four (24) hour a day, seven (7) day a week, every day of the year basis;
- c. Access to a board certified or board-eligible psychiatrist twenty-four (24) hours a day, seven (7) days a week, every day of the year;
- d. Demonstrated experience in serving individuals with behavioral health disorders:
- e. The administrative capacity to ensure the quality of services;
- f. A financial management system that provides documentation of services and costs:
- g. The capacity to document and maintain individual case records; and
- h. Knowledge of substance use disorders.

### 19.[20.] Day Treatment

- A.1. Day treatment shall be a non-residential, intensive treatment program designed for a child under the age of twenty-one (21) years who has:
- a. <u>A mental health disorder, [An emotional disability or neurobiological]</u> or substance use disorder, or co-occurring mental health and substance use <u>disorders</u>; and
- b. A high risk of out-of-home placement due to a behavioral health issue.
- 2. Day treatment services shall:
- a. Consist of an organized, behavioral health program of treatment and rehabilitative services (substance use disorder, mental health, or co-occurring mental health and substance use disorder);
- b. Have unified policies and procedures that:
- (i) Address the program philosophy, admission and discharge criteria, admission and discharge process, staff training, and integrated case planning; and
- (ii) Have been approved by the recipient's local education authority and the day treatment provider;
- c. Include:
- (i) Individual outpatient therapy, family outpatient therapy, or group outpatient therapy:
- (ii) Behavior management and social skill training;
- (iii) Independent living skills that correlate to the age and <a href="mailto:developmental[development">developmental[development]</a>] stage of the recipient; <a href="mailto:and[or]">and[or]</a>]
- (iv) Services designed to explore and link with community resources before discharge and to assist the recipient and family with transition to community

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

services after discharge; and

- d. Be provided:
- (i) In collaboration with the education services of the local education authority including those provided through 20 U.S.C. 1400 et seq. (Individuals with Disabilities Education Act) or 29 U.S.C. 701 et seq. (Section 504 of the Rehabilitation Act);
- (ii) On school days and during scheduled breaks;
- (iii) In coordination with the recipient's individual educational plan <u>or Section 504 plan</u> if the recipient has an individual educational plan <u>or Section 504 plan</u>;
- (iv) Under the supervision of a licensed or certified behavioral health practitioner or a behavioral health practitioner working under clinical supervision; and
- (v) With a linkage agreement with the local education authority that specifies the responsibilities of the local education authority and the day treatment provider.
- 3. To provide day treatment services, a CMHC shall have:
- a. The capacity to employ staff authorized to provide day treatment services in accordance with this section and to coordinate the provision of services among team members;
- b. The capacity to provide the full range of residential crisis stabilization services as stated in subparagraph 1 of this paragraph;
- c. Demonstrated experience in serving individuals with behavioral health disorders:
- d. The administrative capacity to ensure quality of services;
- e. A financial management system that provides documentation of services and costs;
- f. The capacity to document and maintain individual case records; and g. Knowledge of substance use disorders.
- 4. Day treatment shall not include a therapeutic clinical service that is included in a child's individualized education plan or Section 504 plan.

### 20.[21.] Peer Support Services

- A.1. Peer support services shall:
- a. Be [social and] emotional support that is provided by:
- (i) An individual who has been trained and certified in accordance with 908 KAR 2:220 and who is experiencing or has experienced a mental health disorder, substance use disorder, or co-occurring mental health and substance use disorder to a recipient by sharing a similar mental health disorder, substance use disorder, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (ii) A parent who has been trained and certified in accordance with 908 KAR 2:230 of a child having or who has had a mental health, substance use, or co-occurring mental health and substance use disorder to a parent or family member of a child sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change; [er]
- (iii) A family member who has been trained and certified in accordance with 908 KAR 2:230 of a child having or who has had a mental health, substance use, or co-occurring mental health and substance use disorder to a parent or family member of a child sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change; or
- (iv) A youth who has been trained and certified in accordance with 908 KAR 2:240 and who is experiencing or has experienced a mental health disorder, substance use disorder, or co-occurring mental health and substance use disorder to a recipient by sharing a similar mental health disorder, substance use disorder, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change;
- b. Be an evidence-based practice;
- c. Be structured and scheduled non-clinical therapeutic activities with an individual recipient or a group of recipients;
- d. [Be provided by a self-identified consumer or parent or family member of a child consumer of mental health disorder services, substance use disorder services, or co-occurring mental health disorder services and substance use disorder services who has been trained and certified in accordance with 908 KAR 2:220, 908 KAR 2:230, and/or 908 KAR 2:240;
- e.] Promote socialization, recovery, self-advocacy, preservation, and enhancement of community living skills for the recipient; and
- e. Be coordinated within the context of a comprehensive, individualized plan of care developed through a person-centered planning process;
- f. Be identified in each recipient's [treatment] plan of care; and
- g. Be designed to directly contribute to the recipient's individualized goals as specified in the recipient's plan of care.
- 2. To provide peer support services a CMHC shall:
- a. Have demonstrated the capacity to provide the core elements of peer support services for the behavioral health population being served including the age range of the population being served;
- b. Employ peer support specialists who are qualified to provide peer support services in accordance with 908 KAR 2:220, 908 KAR 2:230, and/or 908 KAR 2:240;
- c. Use one of the following professionals to supervise peer support

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

### specialists;

- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist with Autonomous Functioning
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse
- (r) Licensed Professional Art Therapist
- (s) Licensed Professional Art Therapist Associate
- (t) Certified Psychologist
- (u) Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- (v) Licensed Clinical Alcohol and Drug counselor Associate contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- d. Have the capacity to employ staff authorized to provide comprehensive community support services in accordance with this section and to coordinate the provision of services among team members;
- e. Have the capacity to provide the full range of comprehensive community support services as stated in this subparagraph 1 of this paragraph;
- f. Have demonstrated experience in serving individuals with behavioral health disorders;
- g. Have the administrative capacity to ensure quality of services;
- h. Have a financial management system that provides documentation of services and costs; and
- i. Have the capacity to document and maintain individual case records.
- 21.[22.] Comprehensive Community Support Services.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- A.1. Comprehensive community support services shall:
- a. Be activities necessary to allow an individual to live with maximum independence in community-integrated housing;
- b. Be intended to ensure successful community living through the utilization of skills training, cueing, or supervision as identified in the recipient's [treatment] plan of care;
- c. Include:
- (i) Reminding a recipient to take medications and monitoring symptoms and side effects of medications; or
- (ii) Teaching parenting skills, teaching community resource access and utilization, teaching emotional regulation skills, teaching crisis coping skills, teaching how to shop, teaching about transportation, teaching financial management, or developing and enhancing interpersonal skills; and d.[e]. Meet the requirements for comprehensive community support services
- e. Be provided under the billing supervision of:
- (i) Psychiatrist
- (ii) Advanced Practice Registered Nurse
- (iii) Physician's Assistant
- (iv Licensed Psychologist
- (v) Licensed Psychological Practitioner
- (vi) Licensed Clinical Social Worker

established in 908 KAR 2:250; and

- (vii) Licensed Professional Clinical Counselor
- (ix) Licensed Marriage and Family Therapist
- (x) Certified Psychologist with Autonomous Functioning
- (xi) Licensed Professional Art Therapist
- (xii) Licensed Behavioral Analyst.
- 3. To provide comprehensive community support services, a CMHC shall have:
- a. The capacity to employ staff authorized to provide comprehensive community support services in accordance with this section and to coordinate the provision of services among team members;
- b. The capacity to provide the full range of comprehensive community support services as stated in this subparagraph 1 of this paragraph;
- c. Demonstrated experience in serving individuals with behavioral health disorders:
- d. The administrative capacity to ensure quality of services;
- e. A financial management system that provides documentation of services and costs: and
- f. The capacity to document and maintain individual case records.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 22.[23.] Pregnant Women Substance Use Prevention Services
  I.(A) General Eligibility Criteria. To qualify for pregnant women
  substance use prevention services pursuant to this manual the
  Community Mental Health Center Behavioral Health Services Manual a
  woman shall:
- 1. Meet Medicaid program eligibility requirements pursuant to 907 KAR 20:010 or 907 KAR 20:100;
- 2. Be:
- a. Pregnant; or
- b. Postpartum for sixty (60) day period after pregnancy ends and any remaining days in the month in which the 60<sup>th</sup> day falls;
- 3. Not have a medical or psychiatric condition that requires immediate medical care in order for the individual to benefit from an identified service;
- 4. Not be at high risk for harm to self or others or the level of risk can be adequately managed with the parameters of the identified service;
- 5. May benefit from participation in the identified prevention or treatment service; and
- 6. If referred to outpatient, intensive outpatient, and day rehabilitation services, shall not be experiencing alcohol or drug intoxication or withdrawal symptoms that required detoxification in a nonmedical twenty-four (24) hour facility or inpatient medical facility.
- (B) Universal Prevention Service Eligible Criteria. To qualify for a universal prevention service a woman shall:
- 1. Meet the general eligibility criteria stated in 22.I(A)
- 2. Have no identified biological, psychological, or social factors which would increase risk for initiating use of alcohol or other drugs during pregnancy:
- 3. Have no identified history of personal use of substances that has contributed to a lifestyle, legal problem, or other symptom indicating the need for a substance abuse prevention or treatment service; and 4. Not meet the criteria for an identified substance-related disorder.
- (C) Selective Prevention Service Eligibility Criteria. To qualify for a selective prevention service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.l.(A);
- 2.a. Give evidence of risk of substance abuse as defined by:
- (i) Identification of household members and significant others in the individual's life who use alcohol and other drugs;
- (ii) Family history of alcohol and drug abuse;
- (iii). History of emotional, sexual, and physical abuse; or

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

(iv) History of mental health problems and diagnosis; and b. Not have admitted to using alcohol or other drugs during the last thirty (30) days.

- (D) Indicated Prevention Service Eligibility Criteria. To qualify for an indicated prevention service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.I.(A); and
- 2.a. Have received a substance abuse assessment;
- b. Have used alcohol or other drugs since learning of her pregnancy or has exhibited problematic behaviors prior to pregnancy associated with substance use;
- c. Have exhibited risk factors that increase her chances of developing a substance abuse problem; or
- d. Meet the criteria for a substance-related disorder and may benefit from this service as an adjunct to outpatient treatment.
- (E) Outpatient Service Eligibility Criteria. To qualify for an outpatient service an individual:
- 1. Shall meet the general eligibility criteria stated in 22.l.(A);
- 2. Shall have met the criteria for a primary substance use disorder; and
- 3.a. May benefit from outpatient substance use treatment services; or
- b. May benefit from outpatient services as a means to:
- (i) Increase acceptance of the need for a more intensive treatment service: or
- (ii) Maintain treatment until the required intensive treatment service is available.
- (F) Intensive Outpatient Service Eligibility Criteria. To qualify for an intensive outpatient service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.l.(A);
- 2. Meet the criteria for a substance use disorder:
- 3. Have a substance use problem that requires structured treatment several days per week;
- 4. Not have a substance use problem that is severe enough that progress in reducing or eliminating the abuse or dependency requires more intensive treatment.
- (G) Day Rehabilitation Service Eligibility Criteria. To qualify for a day rehabilitation service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.l.(A);
- 2. Meet the criteria for a substance use disorder;
- 3. Have a substance use problem that requires intensive daily or near

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

<u>daily structured treatment to reduce or eliminate substance use or dependency.</u>

- (H) Case Management Service Eligibility Criteria. To qualify for a case management service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.l.(A);
- 2. Meet the criteria for a substance use disorder;
- 3. Have been referred for admission to an outpatient service, intensive outpatient service, day rehabilitation service, or been discharged from a twenty-four (24) hour facility; and
- 4. Need assistance in reducing barriers to entering and staying in substance use treatment or in accessing other resources that are needed to maximize functioning in the community.
- (I) Community Support Service Eligibility Criteria. To qualify for a community support service an individual shall:
- 1. Meet the general eligibility criteria stated in 22.l.(A); and
- 2. Have a statement in the individual's case management service plan that describes the need for more intensive contact with substance use treatment staff in the individual's natural environment in order to reduce or eliminate substance use or dependency.
- II.(A) Continuing stay criteria. Continuing stay criteria shall apply only to substance abuse treatment services that include outpatient, intensive outpatient, day rehabilitation, case management, and community support.
- (B) To remain in an identified service level, a qualified substance abuse treatment professional shall review an individual's progress in accordance with the following:
- 1. For an outpatient service, every ninety (90) days;
- 2. For an intensive outpatient service, every thirty (30) days;
- 3. For a day rehabilitation service, every two (2) weeks;
- 4. For a case management service, every thirty (30) days; and
- 5. For a community support service, every thirty (30) days.
- (C) To remain in an identified service, an individual's progress shall reflect that the individual:
- 1. Continues to meet the criteria for admission to that particular service as established in 22.I.(A) through (I) of this section;
- 2. May benefit from continued service; and
- 3. Exhibits progress in accordance with the following:

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- a. For an outpatient, intensive outpatient, or day rehabilitation service, the individual is making progress in reducing or eliminating substance abuse or dependency but has not met the treatment goals of this service;
- b. For a case management service, the individual is making progress in reducing or eliminating substance abuse or dependency but has not met the goals of the case management service plan; and c. For a community support service, the individual is making progress in reducing or eliminating substance abuse or dependency but has not met the community support service goals in the case management plan.
- <u>III.(A)[A.1.]</u> [(a)]1. General requirements for universal, selective, and indicated prevention services. A prevention service shall:
- a.[1]- Be delivered as an individual or group service;
- <u>b.[2.]</u> Utilize a protocol approved by the division for a period of two (2) years and reevaluated at the end of that time by the Protocol Review Panel to determine its continued use; and
- <u>c.[3.]</u> Be delivered as a face-to-face contact between an individual and a qualified preventionist who meets the <u>following</u> requirements: [in Section 7(1) of this administrative regulation.]
- 2. A qualified preventionist shall be a staff member of a **CMHC[provider agency]** who:
- <u>a. Provides universal, selective or indicated substance abuse prevention services;</u>
- b. Meets the qualifications for the delivery of a reducing-harm-to-the-fetus protocol in accordance with 22.III.(E)(1)(a) of this manual[subparagraph 3.below], or a therapeutic risk reduction protocol approved by the Department for Medicaid Services or its designee[Kentucky Division of Substance Abuse]; and
- c. Meets one (1) of the following requirements:
- (i). Shall be a prevention professional certified as required by the Kentucky Certification Board of Prevention Professionals;
- (ii) Shall be a substance abuse prevention professional who has a bachelor's degree or greater in any field, from an accredited college or university, who:
  - A. Meets the training, documentation and supervision requirements in 22.III.(E) of this manual[subparagraph 3 below]; and
  - B. Shall, in order to remain eligible to deliver a substance abuse prevention service, become a certified prevention professional pursuant to the requirements of the Kentucky Certification Board of Prevention Professionals within three (3) years from the date the staff member begins delivering Medicaid substance abuse prevention services;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- (iii) Shall be an alcohol and drug counselor certified by the Kentucky Board of Certification for Alcohol and Drug Counselors in accordance with KRS 309.080 to 309.089, who meets the training and documentation requirements established in 22.III.(E) of this manual [Section 8 of this administrative regulation]; [or]
- (iv) Shall, contingent and effective upon approval by the Centers for Medicare and Medicaid Services, be a licensed clinical and alcohol drug counselor who meets the training and documentation requirements established in 22.III(E) of this manual;
- (v) Shall, contingent and effective upon approval by the Centers for Medicare and Medicaid Services, be a licensed clinical and alcohol drug counselor associate who meets the training and documentation requirements established in 22.III.(E) of this manual; or
- (vi) Shall be a certified or licensed behavioral health professional [identified in subsection (3) of this section,]-who meets the training and documentation requirements established in 22.III.(E) of this manual[Section 8 of this administrative regulation].
- 3. Prevention staff training requirements shall be as follows:
  Prior to delivering a reducing harm to the fetus protocol, a **qualified**preventionist[professional]-who meets the requirements established in
  22.III.(A)2.[subparagraph 2] above shall receive training in the protocol in accordance with standards established by the:
- a. Prevention protocol review panel; or
- b. Community mental health center, if the prevention protocol review panel has not identified specific requirements.

### (B)1.[(b)] Universal prevention services:

- [1.] Shall consist of a protocol for reducing harm to the fetus that:
- a. Is designed to reduce the risk that an individual will use alcohol, tobacco or another drug during pregnancy or the postpartum period, thus protecting the child from subsequent risk for harm;
- b. <u>Shall identify</u> [Identifies] specific risks associated with alcohol, tobacco or another drug use during pregnancy and lactation, including risks to a fetus, such as low birth weight and fetal alcohol spectrum disorder;
- c. **Shall identify** [**Identifies**] signs of postpartum depression and addresses the risk for substance abuse following pregnancy; and
- d. <u>Shall reduce</u> [Reduces] the shame and stigma attached to addressing alcohol and drug issues to encourage an individual to pursue additional needed substance abuse prevention and treatment services;
- 2. May include a process for the identification of an individual needing a referral for a selective prevention service or a substance abuse assessment completed in accordance with subsection (1)(b) and (c) of this section; and

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

3. Shall have reimbursement limited to no more than two (2) hours during a single pregnancy and postpartum period.

### (C)[(c)] Selective prevention services:

- 1. Shall consist of a therapeutic risk reduction protocol that is designed to reduce the risk that an individual will use alcohol, tobacco, or another drug during pregnancy, thus protecting the child from subsequent risk for harm.
- a. The therapeutic risk reduction protocol shall:
- (i) Increase the perception of personal risk for harm due to high-risk alcohol and drug use throughout life;
- (ii) Identify the levels of alcohol and drug use that increase risk for problems during pregnancy and throughout life;
- (iii) Address health and social consequences of high-risk drinking or drug choices; and
- (iv) Address biological, psychological, and social factors that may increase risk for alcohol and other drug use during pregnancy and lactation and alcohol and other drug abuse throughout life; and
- b. While not mandatory, it is desirable that the therapeutic risk reduction protocol also include information to help the individual:
- (i) Change perceptions of normative alcohol and other drug behaviors;
- (ii) Develop skills for making and maintaining behavioral changes in alcohol and drug use and in developing social and psychological supports for these changes throughout life; or
- (iii) Address parental influences on alcohol and drug choices of children, family management issues, and the establishment of successful expectations and consequences;
- 2. May include a process for the identification of an individual needing a referral for a substance abuse assessment completed in accordance with subsection (1) of this section:
- 3. Reimbursement shall be limited to:
- a. During a single pregnancy and postpartum period; and
- b. A maximum of seventeen (17) hours for a therapeutic risk reduction protocol targeted at preventing alcohol and drug problems throughout the life of the individual.

### **(D)**[(d)] Indicated prevention service:

- 1. Shall consist of a therapeutic risk reduction protocol which is designed to reduce the risk that certain individuals may experience alcohol and other drug related health problems, including substance dependency or experience alcohol and other drug related impairments throughout life:
- a. A therapeutic risk reduction protocol shall:
- (i) Address the health and social consequences of high-risk drinking or drug

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

choices, including consequences to a fetus in the case of any alcohol or drug use during pregnancy;

- (ii) Increase the perception of personal risk for harm due to high-risk alcohol and drug use;
- (iii) Identify the existence of biological, psychological, and social risk factors; and
- (iv) Identify levels of alcohol and other drug use that increase risk for problems; and
- b. A therapeutic risk reduction protocol for an indicated prevention service may include:
- (i) Changing perceptions of normative alcohol and drug use behaviors;
- (ii) Developing skills for making and maintaining behavioral changes, including changes in alcohol and drug use, and developing social and psychological supports to maintain the changes throughout life; and
- (iii) Addressing parental influences on the alcohol and drug choices of children, family management issues, and the establishment of successful expectations and consequences; and
- 2. Reimbursement shall be limited to:
- a. During a single pregnancy and postpartum period; and
- b. A maximum of twenty-five (25) hours for a protocol targeted at prevention of alcohol and drug problems throughout the life of the individual.

### (E) Training and Documentation Requirements.

- (1) Training.
- (a) Prevention staff training requirements.
- 1. Prior to delivering a reducing harm to the fetus protocol, a professional identified by this section Section 22. of this manual as qualified to provide services shall receive training in the protocol in accordance with standards established by the:
  - a. Prevention protocol review panel; or
- b. Community mental health center, if the prevention protocol review panel has not identified specific requirements.
- 2. A certified alcohol and drug counselor, licensed clinical alcohol and drug counselor associate, or licensed clinical alcohol and drug counselor delivering a selective or indicated prevention protocol shall have twenty-four (24) hours of prevention training within the four (4) years prior to the date of assuming the responsibility for delivering this service. The twenty-four (24) hours of training shall be in the following topic areas:
  - a. Twelve (12) hours in prevention strategies and procedures; and
- b. Twelve (12) hours specific to working with the prevention target populations being served.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 3. Prior to being eligible to deliver a substance abuse selective or indicated prevention service, a substance abuse prevention professional with a bachelor's degree or greater in any field from an accredited college or university shall:
- a. Enter into a supervisory agreement with a prevention professional certified pursuant to the Kentucky Certification Board of Prevention Professionals in accordance with subsection (3)(b) of this section; and
  - b. Complete forty-five (45) hours of training on the following topics:
  - (i) Twelve (12) hours in prevention strategies and procedures:
- (ii) Twelve (12) hours specific to working with the prevention target populations being served;
- (iii) Twelve (12) hours in the recognition and understanding of substance abuse or dependency and related problems; and
- (iv) An additional nine (9) hours in one (1) or more of the training topics identified in subclauses (i), (ii), or (iii) of this clause.
- 4. A professional identified by this section Section 22. of this manual as qualified to provide services shall have completed an additional forty-five (45) hours of training in alcohol and other drug abuse within four (4) years prior to the date of assuming responsibility for delivering a selective or indicated prevention protocol. The forty-five (45) hours of training shall be in the following topic areas:
- a. Twelve (12) hours in the recognition and understanding of substance abuse or dependency and related problems;
  - b. Twelve (12) hours in prevention strategies and procedures;
- c. Twelve (12) hours specific to working with the prevention target population being served; and
- d. An additional nine (9) hours in one (1) or more of the training topics identified in clause a, b, or c of this subparagraph.
  - (b) Treatment staff training requirements.
- 1. A professional identified by this section Section 22. of this manual as qualified to provide services shall complete eighty (80) hours of training in alcohol and other drug abuse counseling within four (4) years prior to the date of assuming responsibility for conducting clinical assessments, developing treatment plans, leading counseling sessions or providing case-management services, or within two (2) years after assuming these responsibilities.
- 2. A staff member with a bachelor's degree or greater in any field from an accredited college or university shall:
- a. Prior to being eligible to deliver a Medicaid substance abuse treatment assessment, case management, outpatient or intensive outpatient service, or day rehabilitation service, complete forty (40) hours of training on the following topics:

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- (i) Dynamics and treatment of substance abuse;
- (ii) Alcohol and drug abuse recovery issues unique to pregnant women and women with dependent children; and
- (iii) Recovery issues unique to females who are HIV positive, intravenous drug users, adolescents, and members of racial, cultural or ethnic groups; and
- b. Receive supervision in accordance with subsection (3) of this section.
- (c) Community support staff training requirements. Qualified community support staff shall obtain twenty (20) hours of training on:
  - 1. Dynamics and treatment of substance abuse;
- 2. Information on substance abuse recovery issues unique to pregnant women and women with dependent children;
- 3. Recovery issues unique to females who are HIV positive, intravenous drug users, adolescents, and members of racial, cultural or ethnic groups;
  - 4. Strategies to defuse resistance;
- 5. Professional boundary issues with an individual that addresses enabling behaviors; and
- 6. Protecting a qualified community-support staff member, who may be a recovering substance abuser, from losing his own sobriety.
- (2) Training documentation requirements. All staff training hours required in subsection (1) of this section shall be documented in a staff member's training file and shall include the:
- (a) Date of the training;
- (b) Length of the training event in clock hours;
- (c) Learning objectives; and
- (d) Name of the training provider.
- <u>IV.[23.]</u>[24.] <u>Pregnant Women Substance Use</u> Case-Management Services (a) Case management shall be an ambulatory care service that:
- 1. Shall be a minimum of four (4) face-to-face or telephone contacts per month between or on behalf of an individual and a qualified substance abuse treatment professional, of which:
- a. At least two (2) of the contacts shall be face to face with the individual; and
- b. The remaining contacts shall be by phone or face to face with or on behalf of the individual; and
- 2. Is for the purpose of reducing or eliminating an individual's substance abuse problem by assisting an individual in gaining access to needed medical, social, educational and other support services.
- (b) Case-management services shall include:
- 1. An assessment of an individual's case-management needs;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

- Development of a service plan that identifies an individual's case management projected outcomes; and
- 3. Activities that support the implementation of an individual's service plan.
- (c) Case-management services shall not be connected with a specific type of substance abuse treatment but shall follow an individual across the array of substance abuse treatment services identified in the individual's [treatment] plan.
- (d) Service limitations. The following activities shall not be reimbursed by this Medicaid benefit:
- 1. An outreach or case-finding activity to secure a potential individual for services;
- 2. Administrative activities associated with Medicaid or eligibility determinations;
- 3. Transportation services solely for the purpose of transporting the individual: and
- 4. The actual provision of a service other than a case-management service.

### B. [Physical Health

1. Physical Examinations

Physical examination of clients of the CMHC shall be provided by either the center-based physician or psychiatrist, an APRN, or a Physician Assistant certified in psychiatric-mental health nursing practice, who meets the requirements established in 201 KAR 20:057, Section 2(1).

#### 2. Medication Prescribing and Monitoring

The medical evaluation of the effectiveness of psychotropic treatments shall be performed by either the physician or psychiatrist, or an APRN, certified in psychiatric-mental health nursing practice, who meets the requirements established in 201 KAR 20:057, Section 2(1) and Section 6(1) — (3).

C.1

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

### **SECTION V.** Limitations and Non-Covered Services

1. [Diagnosis Deferred

Treatment in a CMHC for clients with the above "diagnosis" shall be covered if the services are provided by any of the following professionals:

- (a) Physician
- (b) Psychiatrist
- (c) Advanced Practice Registered Nurse
- (d) Physician's Assistant
- (e) Licensed Psychologist
- (f) Licensed Psychological Practitioner
- (g) Licensed Clinical Social Worker
- (h) Licensed Professional Clinical Counselor
- (i) Licensed Marriage and Family Therapist
- (j) Certified Psychologist
- (k) Licensed Psychological Associate
- (I) Marriage and Family Therapy Associate
- (m) Certified Social Worker
- (n) Licensed Professional Counselor Associate
- (o) Professional Equivalent
- (p) Certified Alcohol and Drug Counselor
- (q) Psychiatric Nurse

Recording an appropriate mental health or substance use disorder diagnosis in the **recipient's**[client's] record by the third visit shall be a requisite for Medicaid payment, with the exception of crisis services, screening and assessment.

- 2. <u>Limits Regarding Speech Disturbance Behavioral Health Services</u>
  Medicaid shall reimburse the CMHC for the services of a psychiatrist or psychologist to a <u>recipient[client]</u> with the diagnosis of a speech disturbance which is symptomatic of a psychiatric problem. Speech <u>language pathology services[therapy]</u> shall be considered outside the scope of program benefits of the discipline providing speech therapy.
- 3. <u>Limits Regarding Behavioral Health</u> Services to Persons with an Intellectual Disability

When the <u>recipient's[client's]</u> diagnosis is intellectual disability, the <u>recipient[client]</u> shall have an additional psychiatric diagnosis substantiating the need for psychiatric treatment. Diagnoses of developmental disorders (i.e., learning disabilities) shall not be acceptable. Services rendered to persons with intellectual disabilities in need of psychiatric services [by a

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

psychiatrist, psychologist, psychiatric nurse, licensed clinical social worker, licensed professional clinical counselor, licensed professional clinical associate, licensed marriage and family therapist or a professional equivalent] shall be covered by Medicaid when rendered in accordance with the psychiatrist's plan of <a href="mailto:care[treatment">care[treatment</a>]. The staff note shall document the psychiatric treatment rendered.

### 4. <u>Limits Regarding</u> Group Outpatient Therapy

Group therapy services shall be limited to groups of twelve (12) or fewer per mental health center staff. **Recipients[clients]** shall be limited to a maximum of three (3) hours per day per **recipient[client]** but can be exceeded based on medical necessity.

### 5. <u>Limits Regarding</u> Individual Outpatient Therapy

Individual therapy services shall be limited to a maximum of three (3) hours per day per **recipient[elient]** but can be exceeded based on medical necessity.

D. Non-Covered Services

# The following services or activities shall not be covered under 907 KAR 1:044:

- (a) A service provided to:
- 1. A resident of:
- a. A nursing facility; or
- b. An intermediate care facility for individuals with an intellectual disability;
- 2. An inmate of a federal, local, or state:
- a. Jail;
- b. Detention center; or
- c. Prison; or
- 3. An individual with an intellectual disability without documentation of an additional psychiatric diagnosis;
- (b) Psychiatric or psychological testing for another agency, including a court or school, that does not result in the individual receiving psychiatric intervention or behavioral health therapy from the behavioral health services organization;
- (c) An educational service provided to a recipient or to others;
- (d) A telephone call, an email, a text message, or other electronic contact that does not meet the requirements stated in the definition of "face-to-face" established in 907 KAR 15:005, Section 1(14);
- (e) Travel time;

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

(f) A field trip;

(g) A recreational activity;

(h) A social activity; or

(i) A physical exercise activity group.

(6)(a) A consultation by one (1) provider or professional with another shall not be covered under 907 KAR 1:044 except for a collateral outpatient therapy consultation.

[The following services shall NOT be payable <u>under</u>] [by] [the community mental health <u>center behavioral health services</u> element of <u>the Medicaid Program:</u>

- 1.] [Speech Therapy
- 2.] [Services provided to residents of nursing facilities.
- <u>2.]</u>[3.][Services to individuals with an intellectual disability, without documentation of an additional psychiatric diagnosis.
- 3.][4.][Psychiatric or psychological testing for other agencies such as courts or schools, which does not result in the client receiving psychiatric intervention or therapy.
- 4.][5.][Consultation, educational services, or collateral therapy for ages twenty-one (21) and over.

Consultation or third party contracts shall be outside the scope of covered benefits.] Covered services require face-to-face[direct patient] contact between a practitioner and a recipient except for:

- 1. Collateral <u>outpatient therapy</u> services for <u>a recipient[children]</u> under age twenty-one (21), when a part of the plan of care;
- 2. A family outpatient therapy service in which the corresponding current procedural terminology code establishes that the recipient is not present;
- 3. A psychological testing service comprised of interpreting or explaining results of an examination or data to family members or

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### SECTION IV COVERED SERVICES

others in which corresponding current procedural terminology code establishes that the recipient is not present;

- 4. A service planning activity in which the corresponding current procedural terminology code establishes that the recipient is not present.
- [1.Telephone calls or contacts.
- 2.Travel time.
- 3. Field trips and other off-site activities.
- 4.Recreational, social, and physical exercise activity groups.]

These limitations and non-covered services shall be monitored by DMS using a combination of system edits during claims processing and of post-payment reviews and audits. Payment for any services provided outside of the scope of covered benefits shall be refunded to DMS.

## COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION VI - **SPECIAL CLAIMS**[REIMBURSEMENT]

### V. MISCELLANEOUS CLAIMS REQUIREMENTS[REIMBURSEMENT] A.[-In-State Providers Financial reimbursement for covered community mental health services provided to eligible Medicaid recipients shall be made directly to licensed, participating CMHC's on the basis of a 1999 DBHDID cost report that was submitted to DBHDID by each of the Regional Boards. DMS reserves the right to question services billed to the Program. The medical review personnel are qualified professional people bound by confidentiality when evaluating documents from a client's record; and all information submitted as documentation for services rendered shall be handled in a confidential manner. Billed services that are not substantiated or confirmed by staff notes, signatures, or other supporting documentation when requested by Program staff shall be denied for payment on a post-payment basis. This also includes services for which staff notes are requested but not provided by a center. If payment for the unsupported services has been made, a refund shall be requested; or the amount owed shall be withheld from a future payment. B. Out-of-State Providers Medicaid may make payment to out-of-state providers under circumstances described in Conditions of Participation, who are appropriately licensed, participate with their State's Title XIX Medicaid Program, and have met Medicaid conditions of participation for CMHC. The payment rate shall be the lower of (1) submitted charges, (2) the facility's rate as set by the State Medicaid agency, or (3) the upper limit in effect for Kentucky providers. C. Duplicate or Inappropriate Payments Any duplicate or inappropriate payment by Medicaid, whether due to erroneous billing or payment system faults, shall be

refunded to Medicaid. Please refer to Provider Type 30 billing

## COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

### SECTION VI - **SPECIAL CLAIMS**[**REIMBURSEMENT**]

instructions for guidance on appropriately submitting refund payments. Failure to refund a duplicate or inappropriate payment may be interpreted as fraud or abuse, and prosecuted. D. Identification of Third Party Resources Pursuant to KRS 205.662, prior to billing the Kentucky Medicaid Program all participating providers shall submit billings for medical services to a third party when the vendor has prior knowledge that a third party may be liable for payment of the services. In order to identify those clients who may be covered through a variety of health insurance resources, the provider shall inquire if the client meets any of the following conditions: If the client is married or working, inquire about possible health insurance through the client or spouse's employer; - If the client is a minor, ask about insurance the mother, father, or quardian may carry on the client: In cases of active or retired military personnel, request information about CHAMPUS/TRICARE coverage and social security number of the policy holder: - For people over 65 or disabled, seek a Medicare HIC number: Ask if the client has health insurance such as a Medicare Supplement policy, cancer, accident, or indemnity policy, group health or individual insurance, etc. Verify members' eligibility and other health insurance information by accessing the KyHealth Net System website http://www.chfs.ky.gov/dms/kyhealth.htm - or by calling the phone number on the back of the recipients' Medicaid card.

E. Medicare, Title XVIII, Coverage

## COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

### SECTION VI - **SPECIAL CLAIMS**[REIMBURSEMENT]

Title XVIII, Medicare, has first liability for clients who have both Medicare and Medicaid coverage. CMHC claims for services by a physician or psychiatrist to the clients with dual coverage shall be filed with the Medicare fiscal intermediary before being submitted to DMS' fiscal agent.

Upon receipt of the Medicare payment, the amount received shall be entered in the appropriate block on the billing form, CMS-1500 (12/90), and submitted to DMS' fiscal agent with the Medicare Explanation of Benefits attached.

When the Medicare allowable amount is applied to the client's deductible liability and therefore no payment is received, the Explanation of Medicare Benefits is to be attached to the CMS-1500 (12/90) invoice and submitted to DMS' fiscal agent.

Please refer to Provider Type 30 billing instructions for additional quidance.

### F.] Accident and Work Related Claims

For claims billed to Medicaid that are related to an accident or work related incident, the provider shall pursue information relating to the accident. If an attorney, employer, individual or an insurance company is liable for payment, payment shall be pursued from the liable party. If the liable party has not been determined, attach copies of any information obtained, such as, the names of attorneys, other involved parties or the <a href="recipient's[client's">recipient's[client's]</a> employer to the claim when submitted to DMS' fiscal agent\_for Medicaid payment.

### B,[G.] Claims Over Twelve Months Old

Claims with service dates more than twelve (12) months old shall be considered for processing only with appropriate documentation such as one or more of the following: Remittance statements which verify timely filing, Medicare Explanation of Medical Benefits (EOMB's), Medicare Explanation of Benefits (EOB's), and commercial insurances. Without such documentation, claims over twelve (12) months old shall be denied.

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

### SECTION VII - ELECTRONIC SIGNATURE

#### **VI. USE OF ELECTRONIC SIGNATURE**

The use of an electronic signature by a CMHC services provider refers to the act of attaching a signature by electronic means. Electronic signatures shall comply with the requirements outlined in KRS 369.107, 112 and 118(2). A CMHC services provider choosing to utilize electronic signatures shall:

- (1) Develop and implement a written security policy which shall be adhered to by all agency personnel
- (2) Stipulate which employees have access to the electronic signature
- (3) Ensure the electronic signature is password protected.

The CMHC shall maintain an original signature on file for the purpose of authenticating the signer's identity.

The CMHC shall develop an original signed consent form which shall:

- (1) Be completed for each individual utilizing an electronic signature:
- (2) Attest to the signature's authenticity; and
- (3) Include a statement indicating the individual has been notified of their responsibility in allowing the use of electronic signature.

The CMHC must ensure the electronic signature is affixed to the document and ensure the alteration of the electronic signature shall not occur.]

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

#### Authorized Practitioners by Service

- A. Individual Outpatient Therapy
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Licensed Professional Art Therapist
- 20. Licensed Professional Art Therapist Associate
- 21. Licensed Behavior Analyst
- 22. Licensed Assistant Behavior Analyst
- 23. Certified Alcohol and Drug Counselor
- 24. Certified Psychologist with Autonomous Functioning
- 25. Certified Psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- B. Group Outpatient Therapy
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Licensed Professional Art Therapist
- 20. Licensed Professional Art Therapist Associate
- 21. Licensed Behavior Analyst
- 22. Licensed Assistant Behavior Analyst
- 23. Certified Alcohol and Drug Counselor
- 24. Certified Psychologist with Autonomous Functioning
- 25. Certified Psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- C. Family Outpatient Therapy
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Licensed Professional Art Therapist
- 20. Licensed Professional Art Therapist Associate
- 21. Certified Alcohol and Drug Counselor
- 22. Certified psychologist with Autonomous Functioning
- 23. Certified psychologist
- 24. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 25. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- D. Collateral Outpatient Therapy Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12.Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Licensed Professional Art Therapist
- 20. Licensed Professional Art Therapist Associate

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 21. Licensed Behavior Analyst
- 22. Licensed Assistant Behavior Analyst
- 23. Certified Alcohol and Drug Counselor
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- E. Crisis Intervention Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Licensed Professional Art Therapist
- 22. Licensed Professional Art Therapist Associate
- 23. Certified psychologist with Autonomous Functioning
- 24. Certified psychologist
- 25. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

# 26. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

- F. Mobile Crisis Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Licensed Professional Art Therapist
- 22. Licensed Professional Art Therapist Associate
- 23. Peer Support Specialist
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- G. Therapeutic Rehabilitation Services
- 1. Psychiatrist
- 2. Physician

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. [Certified Alcohol and Drug Counselor
- 21]. Licensed Professional Art Therapist
- 21.[22.] Licensed Professional Art Therapist Associate
- 22. Certified psychologist with Autonomous Functioning
- 23. Certified psychologist
- 24. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 25. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- H. Psychological Testing
- 1. Licensed Psychologist
- 2. Licensed Psychological Practitioner
- 3. Licensed Psychological Associate
- I. Screening
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Licensed Professional Art Therapist
- 22. Licensed Professional Art Therapist Associate
- 23. Certified psychologist with Autonomous Functioning
- 24. Certified psychologist
- 25. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 26. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- J. Assessment
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- Licensed Professional Counselor Associate

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Licensed Professional Art Therapist
- 21. Licensed Professional Art Therapist Associate
- 22. Licensed Behavior Analyst
- 23. Licensed Assistant Behavior Analyst
- 24. Certified alcohol and drug counselor
- 25. Certified psychologist with Autonomous Functioning
- 26. Certified psychologist
- 27. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 28. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- K. Partial Hospitalization
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Certified Alcohol and Drug Counselor

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 20. Licensed Professional Art Therapist
- 21. Licensed Professional Art Therapist Associate
- 22. Certified psychologist with Autonomous Functioning
- 23. Certified psychologist
- 24. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 25. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- L. Service Planning
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Licensed Professional Art Therapist
- 21. Licensed Professional Art Therapist Associate
- 22. Licensed Behavior Analyst
- 23. Licensed Assistant Behavior Analyst
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- M. Screening, Brief Intervention, and Referral to Treatment
- 1. Psychiatrist

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Licensed Professional Art Therapist
- 22. Licensed Professional Art Therapist Associate
- 23. Certified psychologist with Autonomous Functioning
- 24. Certified psychologist
- 25. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 26. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- N. Assertive Community Treatment
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Peer Support Specialist
- 21. Licensed Professional Art Therapist
- 22. Licensed Professional Art Therapist Associate

### 23. Certified psychologist with Autonomous Functioning

### 24. Certified psychologist

- O. Intensive Outpatient Program Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Certified Alcohol and Drug Counselor
- 20. Licensed Professional Art Therapist
- 21. Licensed Professional Art Therapist Associate
- 22. Certified psychologist with Autonomous Functioning
- 23. Certified psychologist

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

# 24. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

# 25. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

- P. Residential Services for Substance Use Disorders
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Peer Support Specialist
- 22. Licensed Professional Art Therapist
- 23. Licensed Professional Art Therapist Associate
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- Q. Residential Crisis Stabilization Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Peer Support Specialist
- 22. Licensed Professional Art Therapist
- 23. Licensed Professional Art Therapist Associate
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- R. Day Treatment
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Peer Support Specialist
- 22. Licensed Professional Art Therapist
- 23. Licensed Professional Art Therapist Associate
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- S. Peer Support Services
- 1. Peer Support Specialist
- T. Comprehensive Community Support Services
- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 21. Community Support Associate
- 22. Licensed Professional Art Therapist
- 23. Licensed Professional Art Therapist Associate
- 24. Licensed Behavior Analyst
- 25. Licensed Assistant Behavior Analyst

### 26. Certified psychologist with Autonomous Functioning

### 27. Certified psychologist

### U. Pregnant Women Substance Use Prevention Services

- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Peer Support Specialist
- 22. Licensed Professional Art Therapist

### COMMUNITY MENTAL HEALTH CENTER **BEHAVIORAL HEALTH**SERVICES MANUAL

#### APPENDIX - AUTHORIZED PRACTITIONERS

- 23. Licensed Professional Art Therapist Associate
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- 27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)
- V. Pregnant Women Substance Use Case Management Services

### [V. Prevention Services]

- 1. Psychiatrist
- 2. Physician
- 3. Psychiatric Resident
- 4. Resident Physician
- 5. APRN
- 6. Licensed Psychologist
- 7. Licensed Clinical Social Worker
- 8. Licensed Psychological Practitioner
- 9. Licensed Professional Clinical Counselor
- 10. Licensed Marriage and Family Therapist
- 11. Certified Social Worker
- 12. Licensed Psychological Associate
- 13. Licensed Professional Counselor Associate
- 14. Licensed Marriage and Family Therapist Associate
- 15. Physician Assistant
- 16. Psychiatric Nurse
- 17. Professional Equivalent
- 18. Mental Health Associate
- 19. Nurse
- 20. Certified Alcohol and Drug Counselor
- 21. Peer Support Specialist
- 22. Licensed Professional Art Therapist
- 23. Licensed Professional Art Therapist Associate
- 24. Certified psychologist with Autonomous Functioning
- 25. Certified psychologist
- 26. Licensed Clinical Alcohol and Drug Counselor (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)

# COMMUNITY MENTAL HEALTH CENTER <u>BEHAVIORAL HEALTH</u> SERVICES MANUAL

APPENDIX - AUTHORIZED PRACTITIONERS

27. Licensed Clinical Alcohol and Drug counselor Associate (contingent and effective upon approval by the Centers for Medicare and Medicaid Services)